








# May

The Meadows at Homewood

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CALENDAR SUBJECT TO CHANGE* CHECK YOUR DAILY ANNOUNCEMENT FOR ACTIVITY CHANGES</b></p>	 <p>Ron G – 2<sup>nd</sup> Jim R – 9<sup>th</sup> Paul M – 13<sup>th</sup> P.J. W – 23<sup>rd</sup></p>	<p><b>1</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 10:00 – Guys &amp; Donuts 10:30 – Strength Training 10:15 – Communion w/Lauren 11:30 - Lunch Bunch 10:30 – Sittercise &amp; Stretch - CH 970 1:30 – Movement &amp; Music CH 970 2:00 – Ball Drumming 3:00 – Coloring and Puzzles 4:00 – One Day University</p>	<p><b>2</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 9:30 - Campus Update with Karen CH 970 10:00 – Sittercise &amp; Stretching 10:30 – Bible Study 10:30 – Sittercise &amp; Stretch - CH 970 1:30 – Movement &amp; Music CH 970 2:00 – Bowling 3:00 – May Trivia 4:00 – One Day University</p>	<p><b>3</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 10:15 – Bingo 10:30 – Sittercise &amp; Stretch - CH 970 1:30 – Movement &amp; Music CH 970 2:00 – Ring Toss 3:00 – Snack &amp; Chat 4:00 – One Day University CH 970</p>	<p><b>4</b></p> <p>8:05 – 1:1 Visits 10:30 – Sittercise &amp; Stretch - CH 970 10:30 – Sittercise &amp; Stretch 11:00 – Meditation &amp; Gratitude</p>	
	<p><b>5</b></p> <p>10:00 - Worship Service CH 970 1:30 - Movement and Music CH 970</p>	<p><b>6</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 10:00 – Tai Chi 10:30 – Word Games 10:30 – Sittercise &amp; Stretch - CH 970 1:30 – Movement &amp; Music - CH 970 2:00 – Balloon Sports 3:00 – Spa Day 4:00 – One Day University: - CH 970</p>  <p>National Nurse's Week 5/6-5/12/2024</p>	<p><b>7</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 10:00 – Sittercise &amp; Stretching 10:30 – Music Therapy 11:00 – Sittercise &amp; Stretch - CH 970 11:00 – Dog Visit 1:30 – Movement &amp; Music CH 970 2:00 – Happy Hour &amp; Music with Jessica 3:15 – Card Game 4:00 – One Day University CH 970</p> <p>National Nurse's Week</p>	<p><b>8</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 10:00 – Strength Training 10:15 – Communion w/Lauren 10:30 – Other Current Events with Ed 10:30 – Sittercise &amp; Stretch - CH 970 1:30 – Movement &amp; Music CH 970 2:00 – Ice Cream Social 3:00 - Coloring and Puzzles 4:00 – One Day University</p> <p>National Nurse's Week</p>	<p><b>9</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 10:00 – Sittercise &amp; Exercise with Balls 10:30 – Bible Study 10:30 – Sittercise &amp; Stretch - CH 970 1:30 – Movement &amp; Music CH 970 2:00 – Volleyball 3:00 – Snack Time 4:00 – One Day University</p>  <p>National Nurse's Week</p>	<p><b>10</b></p> <p>8:05 – 1:1 Visits 9:00 – Wellness Workout – CH 970 10:15 - Bingo 10:30 – Sittercise &amp; Stretch - CH 970 1:30 – Movement &amp; Music CH 970 2:00 – Mother's Day Celebration – IL Dining Hall 4:00 – One Day University</p> <p>National Nurse's Week</p>

<p><b>12</b></p> <p>10:00 - Worship Service CH 970 1:30 - Movement and Music CH 970</p>  <p>Happy Mother's Day</p> <p>Nursing Home Week 5/12 - 5/18/2024</p>	<p><b>13</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Morning Stretch w/Lisa 10:30 - Flower Planting 10:30 - Sittercise &amp; Stretch - CH 970 1:30 - Movement &amp; Music CH 970 2:30 - Ice Cream Social &amp; Music by Jessie Black - Café 4:00 - 1:1 Visits</p>  <p>Nursing Home Week</p>	<p><b>14</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Amvets 10:00 - Sittercise &amp; Exercise w/Noodles 10:30 - Daily Chronicles 11:00 - Sittercise &amp; Stretch - CH 970 11:00 - Dog Visit 1:30 - Movement &amp; Music CH 970 2:00 - Sing Along &amp; Snacks 2:30 - Painting with Linda 3:15 - Sensory Circle 4:00 - One Day University</p> <p>Nursing Home Week</p>	<p><b>15</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Strength Training 10:15 - Communion w/Lauren 10:30 - Travel Talk 10:30 - Sittercise Stretch - CH 970 11:30 - Lunch on the Patio 1:30 - Movement &amp; Music CH 970 2:00 - Ball Drumming 3:00 - Coloring and Puzzles 4:00 - One Day University 7:00 - Frederick Flute Choir - CH 970</p> <p>Nursing Home Week</p>	<p><b>16</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Sittercise &amp; Exercise with Balls 10:30 - Bible Study 10:30 - Sittercise &amp; Stretch - CH 970 11:00 - NASA Presentation: CH 970 1:30 - Movement &amp; Music CH 970 2:00 - Leap Frog 3:00 - Jeopardy 4:00 - One Day University</p> <p>Nursing Home Week</p>	<p><b>17</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:15 - Bingo 10:30 - Sittercise &amp; Stretch - CH 970 1:30 - Movement &amp; Music CH 970 2:00 - Spring Fest - Outside Games, Food &amp; Fun!!!</p>  <p>Nursing Home Week</p>	<p><b>18</b></p> <p>8:05 - 1:1 Visits 9:30 Go dog Teams 2<sup>nd</sup> Floor 10:30 - Sittercise &amp; Stretch - CH 970 10:45 - Story Time 2:30 - Card Making 6:30 - Solomon Eichner Pianist - CH 970</p> <p>Nursing Home Week</p>
<p><b>Sunday</b></p>	<p><b>Monday</b></p>	<p><b>Tuesday</b></p>	<p><b>Wednesday</b></p>	<p><b>Thursday</b></p>	<p><b>Friday</b></p>	<p><b>Saturday</b></p>
<p><b>19</b></p> <p>10:00 - Worship Service CH 970 1:30 - Movement and Music CH 970 7:00 - Emmitsburg Community Chorus - Ch 970</p>	<p><b>20</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Morning Stretch w/Lisa 10:30 - Word Games 10:30 - Sittercise &amp; Stretch - CH 970 10:30 - Brunswick Elementary School Music - CH 970 1:30 - Movement &amp; Music CH 970 2:00 - Food Talk 2:30 - Resident Council 3:15 - Spa Day 4:00 - One Day University</p>	<p><b>21</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Sittercise &amp; Exercise w/noodles 10:30 - Music Therapy 11:00 - Sittercise &amp; Stretch - CH 970 11:00 - Dog Visit 1:30 - Movement &amp; Music CH 970 2:00 - Happy Hour &amp; Music with Bernie 3:15 - Bananagrams 4:00 - One Day University:</p>	<p><b>22</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Strength Training 10:15 - Communion w/Lauren 10:30 - Other Current Events w/Ed 10:30 - Sittercise &amp; Stretch - CH 970 11:00 - Dr Romaine - MP/CH970 1:30 - Movement &amp; Music CH 970 2:00 - Jeopardy 3:00 - Coloring and Puzzles 4:00 - One Day University</p>	<p><b>23</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Sittercise &amp; Exercise with Balls 10:30 - Bible Study 10:30 - Sittercise &amp; Stretch - CH 970 1:30 - Movement &amp; Music CH 970 2:30 - 1:1 Visits 4:00 - One Day University</p>	<p><b>24</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:15 - Bingo 10:30 - Sittercise &amp; Stretch - CH 970 1:30 - Movement &amp; Music CH 970 2:00 - ALOHA - CH 970 2:00 - Stick Game 3:00 - Snack &amp; Chat 4:00 - One Day University</p>	<p><b>25</b></p> <p>8:05 - 1:1 Visits 10:30 - Sittercise &amp; Stretch - CH 970 10:30 - Sittercise 10:45 - Hangman 2:30 - Movie</p>
<p><b>26</b></p> <p>10:00 - Worship Service CH 970 1:30 - Movement and Music CH 970</p>	<p><b>27</b></p> <p>8:05 - 1:1 Visits 10:30 - Sittercise &amp; Stretch - CH 970 10:30 - Sittercise 10:45 - Coffee &amp; Donuts</p>  <p>MEMORIAL DAY Remember &amp; Honor</p>	<p><b>28</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Sittercise &amp; Exercise w/noodles 10:30 - Cooking Club 11:00 - Sittercise &amp; Stretch CH 970 11:00 - Dog Visit 1:30 - Movement &amp; Music CH 970 2:00 - Music with Don Bellew 3:00 - Sensory Circle 4:00 - One Day University</p>	<p><b>29</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Strength Training 10:15 - Communion w/Lauren 10:30 - Daily Chronicles 10:30 - Sittercise &amp; Stretch - CH 970 1:00 - Shopping Trip 1:30 - Movement &amp; Music CH 970 2:00 - Trivia 3:00 - Coloring and Puzzles 4:00 - One Day University</p>	<p><b>30</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:00 - Sittercise &amp; Exercise with Balls 10:30 - Bible Study 10:30 - Sittercise &amp; Stretch - CH 970 1:30 - Movement &amp; Music CH 970 2:00 - Bocce Ball 3:00 - Snack Time 4:00 - One Day University 6:30 - Anita's Jazz Band - Cafe</p>	<p><b>31</b></p> <p>8:05 - 1:1 Visits 9:00 - Wellness Workout - CH 970 10:15 - Bingo 10:30 - Sittercise &amp; Stretch - CH 970 1:30 - Movement &amp; Music CH 970 2:00 - Crafts 3:15 - Ice Cream Sundae Bar</p>	