




April

2024

WOODLANDS ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CALENDAR SUBJECT TO CHANGE*CHECK YOUR DAILY ANNOUNCEMENT FOR ACTIVITY CHANGES MAIL DELIVERY DONE MONDAY THROUGH SATURDAY EACH WEEK</p>	<p>1</p> <p>9:00 Wellness Workout Channel 970 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 11:00 Dr. Romane – MP & Channel 970 1:30 Movement and Music Channel 970 2:30 Catch up with Dawn 2nd Floor 4:00 One Day University Ch 970</p> 	<p>2</p> <p>9:00 Wellness Workout Channel 970 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Ice Cream 2nd Floor 4:00 One Day University Ch 970 6:15 Game Night 2nd Floor</p>	<p>3</p> <p>9:00 Wellness Workout Channel 970 10:00 Catholic Communion 2nd Floor 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Bingo 2nd Floor 4:00 One Day University Ch 970</p>	<p>4</p> <p>9:30 Campus Update with Karen Channel 970 10:30 Exercise/Ball Drumming 2nd Floor 11:00 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Jewelry Making 2nd AL activity Room 4:00 One Day University Ch 970</p>	<p>5</p> <p>9:00 Wellness Workout Channel 970 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 11:00 Who's Your Hero? Share/Reminisce 2nd Floor 1:30 Movement and Music Channel 970 1:45 Bingo - MP 2:30 Jeopardy Game 2nd Floor 4:00 One Day University Ch 970</p>	<p>6</p> <p>10:30 Sittercize Channel 970 1:30 Movement and Music channel 970 6:30 Music with Thomas Pandolfi –Lodge</p>
<p>7</p> <p>10:00 Worship Service Channel 970 1:30 Movement and Music Channel 970</p> 	<p>8</p> <p>9:00 Wellness Workout Channel 970 10:30 Joy of Movement 2nd FL 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Solar Eclipse and Conversation 2nd Floor 4:00 One Day University Ch 970</p>	<p>9</p> <p>9:00 Wellness Workout Channel 970 10:00 Amvets & Coffee Cafe 10:30 Music Therapy 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:00 Painting with Linda 2nd Floor 4:00 One Day University Ch 970 6:15 Game Night 2nd Floor</p>	<p>10</p> <p>9:00 Wellness Workout Channel 970 10:00 Catholic Communion 2nd Floor 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Bingo 2nd Floor Garden View 4:00 One Day University Ch 970</p>	<p>11</p> <p>9:00 Wellness Workout Channel 970 10:30 Exercise/Ball Drumming 2nd Floor 1:30 Movement and Music Channel 970 2:30 Happy Hour Music with Dino Delray 2nd Floor 4:00 One Day University Ch 970</p>	<p>12</p> <p>9:00 Wellness Workout Channel 970 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Sing A Long with Cindy E. Cafe 4:00 One Day University Ch 970 6:30 Swinging Big Harmony Band Lodge/ Ch 970</p>	<p>13</p> <p>10:30 Sittercize Channel 970 10:30 Sittercize 2nd floor 11:00 A – Z Trivia 2nd Floor 1:30 Movement and Music Cannel 970</p> 
<p>14</p> <p>10:00 Worship Service Channel 970 1:30 Movement and Music Channel 970</p>	<p>15</p> <p>9:00 Wellness Workout Channel 970 10:30 Joy of Movement 2nd FL 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Fun with Baking 2nd floor 4:00 One Day University Ch 970</p>	<p>16</p> <p>9:00 Wellness Workout Channel 970 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Ice Cream – Celebrate April Birthdays 2nd Floor 4:00 One Day University Ch 970 6:15 Game Night 2nd Floor</p>	<p>17</p> <p>9:00 Wellness Workout Channel 970 10:00 Old Towne Jewelers ILAC 10:00 Catholic Communion 2nd Floor 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Bingo 2nd Floor Garden View 4:00 One Day University Ch 970</p>	<p>18</p> <p>9:00 Wellness Workout Channel 970 10:30 Exercise/Ball Drumming 2nd Fl 11:00 NASA Images That Natter with Jay 2nd Floor 11:00 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Happy Hour Music with Forever Young 2nd Floor 4:00 One Day University Ch 970</p>	<p>19</p> <p>9:00 Wellness Workout Channel 970 10:30 Sittercize 2nd Floor 10:30 Sittercize Ch 970 1:30 Movement and Music Channel 970 2:30 Chat Pack Conversations AL Activity Room 4:00 One Day University Ch 970</p>	<p>20</p> <p>10:30 Sittercize Channel 970 1:30 Movement and Music channel 970 2:00 Music with Showtime Singers – Ch 970 and Lodge</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>10:00 Worship Service Channel 970 1:30 Movement and Music Channel 970</p>	<p>22</p> <p>9:00 Wellness Workout Channel 970 10:00 News with Ed 2nd floor 10:30 Joy of Movement 2nd FL 10:30 Sittercize Channel 970 11:00 Joy Bells – 2nd Floor 1:30 Movement and Music Channel 970 2:30 Root Beer Floats Cafe 4:00 One Day University Ch 970</p>	<p>23</p> <p>9:00 Wellness Workout Channel 970 10:30 Music Therapy 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Ice Cream 2nd Floor 4:00 One Day University Ch 970 6:15 Game Night 2nd Floor</p> 	<p>24</p> <p>9:00 Wellness Workout Channel 970 10:00 Catholic Communion 2nd Floor 10:30 Sittercize 3rd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Bingo 2nd Floor 4:00 One Day University Ch 970</p> <p>Volunteer Luncheon</p>	<p>25</p> <p>9:00 Wellness Workout Channel 970 10:30 Exercise/Ball Drumming 2nd Floor 11:00 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Happy Hour Music with Daryl Davis Cafe 4:00 One Day University Ch 970</p>	<p>26</p> <p>9:00 Wellness Workout Channel 970 10:30 Sittercize 2nd Floor 10:30 Sittercize Ch 970 1:30 Movement and Music Channel 970 2:30 ALOHA MP and Ch 970 2:30 Book Club 3rd Floor 4:00 One Day University Ch 970</p>	<p>27</p> <p>10:30 Sittercize Channel 970 10:30 Sittercize 2nd Floor 11:00 Chatting with Dawn 2nd Floor 1:30 Movement and Music channel 970</p>
<p>28</p> <p>10:00 Worship Service Channel 970 1:30 Movement and Music Channel 970</p> 	<p>29</p> <p>9:00 Wellness Workout Channel 970 10:30 Joy of Movement 2nd FL 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Bingo Meadows 4:00 One Day University Ch 970</p>	<p>30</p> <p>9:00 Wellness Workout Channel 970 10:30 Music therapy 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Ice Cream 2nd Floor 4:00 One Day University Ch 970 6:15 Game Night 2nd Floor 6:30 Accordion Performance by Sta Venglevski Ch 970</p>	<p>31</p> <p>9:00 Wellness Workout Channel 970 10:00 Catholic Communion 2nd Floor 10:30 Sittercize 2nd Floor 10:30 Sittercize Channel 970 1:30 Movement and Music Channel 970 2:30 Bingo 2nd Floor 4:00 One Day University Ch 970</p>	<p>HAPPY BIRTHDAY</p> <p>Barb P. Elsie G. Jack B. Bob. P</p> 		

CH Chapel
MV Assisted Living 3rd Floor Mountain View Room
CF Café/Library
MP Multi-Purpose Room
ALVR Assisted Living 2nd Floor Garden View
ILDR Independent Living Dining Room
ILAC Independent Living Arts and Crafts Room

