

The CHATTER

A Publication for the Independent Living Residents of Homewood at Frederick

VOL. 21 NO. 3

MARCH 2020

CHAPLAIN'S CORNER



At our former house in Illinois, a very special plant grew in my garden. It was called a hellebore, or Lenten rose. Winters in Illinois last a long time, and around March, one begins to feel that winter will never end. But just when it seems impossible that anything will ever bloom again, the Lenten rose puts forth a lovely flower. Some years I would have to brush away the snow to see mine. But it was always there, a sign of hope in the depths of the cold and gloom.

Lent is a time to reflect on how we may have drifted from our walk with God. It can feel like a cold and gloomy winter season, and its six weeks seem like a long time. It is not easy to turn inward and do this reflection. But into this time, like the bloom of the Lenten rose, comes God's grace. No matter who we are, or in what circumstances we find ourselves, we are God's beloved children.

Sometimes as we age, life may seem like a perpetual Lent. We may find ourselves dwelling on past mistakes or failures and wishing we had done things differently. We may feel guilty for our increasing dependence on others. Yet too often guilt turns us away, rather than towards, God. God promises grace and love for yesterday and today, and for tomorrow as well. Lent is not about guilt, but about starting anew.

Rev. Rob Apgar-Taylor is again offering his Lenten Bible study on Thursday mornings at 10:30 AM. It will conclude on Thursday, April 2. This year the study will focus on The Walk by Adam Hamilton. All are welcome to attend.

Happy Purim to all our Jewish friends, and a blessed Lent to all our Christian friends.

--Chaplain Shelley Weakly

THE MAIN STREAM ...

Notes from Executive Director Karen Main

...our Calendars are turning over to March after an easy travel through the “winter” season! I counted my blessings every day it was above freezing and with little hassle of snow or ice this year! Our campus is always full of life and this Spring will be no different as we are working through our strategic planning and will have updates on our campus expansion!



Updates around Campus:

A traffic study from the city engineer’s office was read at our February meeting. If you want a copy, please see the front desk at Crumland Farms. Otherwise, there was an option of a median or “island” to be considered that would allow pedestrians to cross one lane/direction at a time.

I reached back out to the city engineer and invited him to come to our Campus Connection meeting on March 4 to discuss this in more detail and also discuss future traffic patterns with Rt. 15 and Willow and Willowbrook Road. **I am pleased to say that we will have representatives from the City Traffic Engineering Department; Planning, City Police and State Highway Administration attend our March meeting.**

AARP “free” tax service is being offered at Crumland Farms for the remainder of March and early April. Appointment book is located at the front desk.

Construction update:

Phase 8 patio homes – 7 out of 9 are reserved / Lodge expansion – 12 are reserved

Now is the time to tell your friends to about the Lodge expansion if they are interested! A Lodge expansion meeting will be scheduled as soon as the construction timeframe is confirmed.

Currently, we have vacancies in Assisted Living and will be working from our community wait list.

Homewood purchased two golf carts to be used for housekeeping services.

Bookmobile contact: JKelly@frederickcountyMD.gov

Hope to see you this month at the next Campus Connection, **March 4** at 9:30 a.m. at The Lodge!

Enjoy Every Day!
Karen

*The Homewood at Frederick
Auxiliary and*



TaylorMarie's®

Your Fashion. Your Style. Your Place.

Spring Fashion Show

With Dessert

Friday, April 3, 2020

2:30 p.m. Tuscarora Dining Room

\$8.00 per person

Tickets: 2 Locations: Monday & Friday

Beginning March 2

Crumland Community Center

11:30 a.m. - 1:30 p.m.

Mail Boxes at The Lodge 2-4 p.m.

Or Call 301-514-5593

Proceeds Benefit Projects of

The Homewood at Frederick Auxiliary





2020 HOMEWOOD YARD SALE – JUST A REMINDER!

Our annual Yard Sale will be held **Thursday, April 30**, 2 p.m. to 4 p.m. for residents and staff; **Friday, May 1**, 8 a.m. to 3 p.m.; and **Saturday, May 2**, 8 a.m. to noon. Why not start setting aside items now that you no longer use so they are ready to donate. The April CHATTER will have “how to donate and what CANNOT be donated information.”

If you would like to volunteer during the Yard Sale, you can choose from the following list and call the Team Leader. We can use all the help we can get! We encourage everyone to join a team and participate if you’re able, so you can meet new people, make new friends and have a fun experience.

I really want to thank **Bobby Rickman, Pat Culwell, Ed Chaney and Bootsie Orr** for “stepping up” and taking a lead role as the committee, with me assisting them. This group is committed to joining together as one community, meeting new neighbors, making some money for Resident Association activities and having fun.

LEADERS

- **Cashiers** – Ray & Sandy Green 301-694-3536
- **Raffle** – Bill Smith 301-915-4463
- **Treasures** – Betty Wheelles 301-644-5854
- **Jewelry/Boutique** – Pat Culwell 301-644-4280
- **Small Furniture** – Graham McIntyre 301-644-4267
- **Puzzles** – Doris Alexander 301-898-9837 & Wayne & Barbara Moore 301-644-5804
- **Books** – Stan Schweinfurth 301-644-4279
- **Holidays** – Sharron Smith 301-915-6463 & Martha Badger 240-415-9812
- **Electronics** – Adrien Tudor 301-732-6407
- **Small Appliances** – Gene & Claireanne Ganssle 301-644-5901
- **Miscellaneous** – Donna Jeo 240-815-5777 & Coralinn Kuehl 301-662-6290
- **Housewares** – Ginger Ward 301-644-4282
- **Linens** – Peggy Strine 301-644-4261
- **Framed Items** – NEED TEAM LEADER
- **Publicity** – Fred Spahr 301-663-8299
- **Pick Up** – Dean Wood 301-644-4270

(cont'd on p. 5)

THE WOODPECKERS ARE HAVING A SALE!

The Homewood Woodpeckers will be having a sale of our quality wood gifts and accessories.

Date: Thursday March 19, 2020

Location: The Café at Crumland Farms

When: 10:00 a.m. to 2:00 p.m.

The Woodpeckers will have new items for sale that will make great gifts for Easter or graduation. This will likely be our only sale until at least late summer so please join us on March 19, also known as the first day of Spring. Some of the many items that we will be offering are shown below.



Easter Bunnies



Puzzles



Tulips



Holder for hot dishes



Lidded Box



Train Engine Bank

YARD SALE, cont'd

We also need lots of helpers for clean-up and 3 to stay and help when the Goodwill truck arrives. If you have any questions, please call any member of the Committee listed below.

Pat Culwell 301-644-4280

Ed Chaney 301-644-4264

Bootsie Orr 301-662-1964

Bobby Rickman 301-644-5816

Shirley Erdmanis 301-644-5796

The Auxiliary will be selling hotdogs, country ham sandwiches, chips, drinks and desserts on Friday during the lunch hour.

--Shirley Erdmanis

EASTER EGGS ARE A COLLECTIBLE ART FORM

Decorative eggs just come out at Easter in most households. But at **Clara Kinders'** apartment at The Lodge, they're on display all year round! You see, Clara has an extensive collection of Slavic-style pysanky eggs that she has gathered over the years, along with other hand-painted eggs, decorative porcelain ones, and intricately-carved wooden eggs as well.



Clara's interest in the folk-style art form of pysanky eggs started in her native Chicago where she lived in a neighborhood rich in Polish and Ukrainian heritage. She remembers as a young girl being fascinated by her neighbors' family gatherings where all would participate in creating the delicate designs on each piece. It was a way for families of modest means to while away the long winter hours engaged in an activity that utilized the items they had on hand.

Pysanky eggs had their roots in pagan times, but over the years the Christian influence became evident as the designs turned away from pagan symbols and incorporated more of the things representing Christianity, such as a cross or lamb. These eggs were often created for gifts, as it was thought that they imbued special powers and brought good fortune. Clara says the original dyes for the eggs came from anything the family could use to create color, i.e. bark, herbs, flowers and vegetables. Today, there are commercial dyes available which make the coloring process more stable and predictable.

The usual process of creating pysanky eggs starts with allowing the innards of a raw egg to pass out through miniscule holes, resulting in an intact empty shell. The base design is drawn on the egg with a pencil, then beeswax is applied with a stylus to mark the areas where the dye is not to go. The eggs are dipped in dye, allowed to dry, then the beeswax applied to another area. After several stages of drawing portions of the design and dyeing, the wax is melted off to reveal the design underneath.

Clara actually learned the process, and several of the eggs in her collection are ones that she has created. (see photo at right).



--Barbara Kirk

RESIDENTS ASSOCIATION CONSIDERS BENEFITS OF INCORPORATION

The Financial Management Committee of the Residents Association ("Association") has met with both accountants and lawyers to get their professional opinions on the potential financial risk the Officers of the Association might face with performing their duties and responsibilities. Each of our advisors had years of experience working with the Homewood Retirement Centers, Inc. in Williamsport, and each recommended that we form a corporation. They presented several convincing examples of the potential benefits of creating a corporation.

First, the corporate form of organization minimizes the risk that a claimant could pierce the corporate veil of protection and reach the Association's Officers. There are a variety of risks that originate when operating most businesses today. Our court's dockets are full of claims involving personal injuries sustained at a variety of businesses. While our Residents Association doesn't own property, we do sponsor events and activities throughout our Frederick campus, with inherent risks.

Second, corporations can purchase Directors and Officers insurance policies to shield the Association's Officers from personal liability when performing their duties and responsibilities for the Association. These policies are not available to the Association now.

Third, once incorporated within the State of Maryland, the Association will file the various required forms with the Internal Revenue Service to request an income tax exemption under Section 501(c)(3) of the Internal Revenue Code. Obtaining the income tax exemption will allow the Association to avoid having to pay income taxes on earnings from its fundraising activities. Additional benefits may even pass-through to our residents.

As you can tell from the preceding discussion, the Financial Management Committee has invested many volunteer hours studying the incorporation matter and preparing draft documents. We have completed all of the documents required to incorporate and have obtained our legal firm's review. They are at a point ready to file with the State of Maryland. We hope to have them submitted during the week of February 16. After receiving the notification from the State informing us that the corporation is approved, we will work to provide the required forms to the Internal Revenue Service requesting the income tax exemption.

(cont'd on p. 8)

HEAD TRAMP NEEDED

Homewood is looking for a new volunteer to be Head Tramp (Leader) of the men's HOBOS group. The HOBOS, i.e. Homewood Old Boys Organization, is the unique group for all the men residing here at Homewood at Frederick.

Head Tramp is an honored position as leader and host of the monthly activities of the HOBOS, and also leader of the HOBOS CADRE (a core group of HOBOS).

A new Head Tramp is needed for 2020. Any man now living at Homewood at Frederick is eligible for this position.

HOBOS meetings are the third Thursday of each month, and meetings consist of lunch and a talk. The duties of the Head Tramp include leading the monthly meetings, developing a program of speakers for each meeting, and preparing an advertisement about meetings and speakers for *The Chatter* each month.

Please contact Liz Kannenberg, Volunteer Director for additional information at 301-644-5646 (Ext 6046 inside Homewood) or email: lkannenberg@hmwd.org

INCORPORATION, cont'd

The Financial Management Committee consists of the following Residents Association Officers and residents: **Ray Green, Chairman, Shirley Erdmanis, Bill Weller, Bob Wolpert, Bob Ziegler, David Carmack and Dale Hoscheit.**

Also, the following Association Officers contributed valuable insight into our deliberations: **Orley Bourland, Roland Hobbs, Jim Sasiadek and Scott Taylor.**

In *The Chatter* for April, I will provide an update on this worthwhile project.

--Ray Green

When you moved to Homewood you received a copy of our Resident Profile form and were encouraged to complete and submit it so that information about you could be included in *The Chatter* and in the Resident Handbook. It's a great way for other residents to get to know you and it helps you make new friends here more quickly.

Didn't turn in your form? It's not too late to complete your profile! Even if you moved in a year or more ago. If you would like to participate, please complete your form and turn it in to the receptionist at Crumland Farms or The Lodge. A member of *The Chatter* staff will draft a short article, bring it to you for approval and take your picture.

If you've misplaced your original form and need another, or if you have any questions, contact Terry Higgins for Willow Ponds residents (240-651-3737) or Barbara Grigg for Crumland Farms residents (301-644-5866). Copies are also available in Do Drop In.

MEET YOUR NEW NEIGHBORS

EDWARD “EDDIE” RICE is a true native son who never strayed far from his roots when he chose one of the Crumland Farms apartments at Homewood this January for his retirement! He was born in Frederick, is a graduate of Frederick High School and moved here from Frederick.



A proud U.S. Navy veteran, Eddie worked for Sears Roebuck, then the Department of Energy and the Frederick County Government. In addition, he operated his own painting and lawn service businesses for a number of years.

Eddie's daughter is in the area, but his two grandchildren live out of state. He has been active with the Elks, Amvets, American Legion and VFW. His hobbies include golf and travel. During the fall you'll find him rooting for the Redskins, then come baseball season he's a staunch Yankees fan.

HARRY and JOYCE SMITH moved to an apartment in The Lodge from Green Valley, Arizona in December 2019. Wow, when most people are moving to



warmer climates in the winter these folks jumped into the fray and decided to brave our mid-Atlantic winters!

Not as crazy as it might seem though, because Harry hails from the north country in Binghamton, New York and Joyce is originally from Punxsutawney, Pennsylvania. Joyce and Harry knew that

Homewood was where they wanted to be for their own health care needs in later years because of the family's positive experience during the 11 years Joyce's mother was in The Willows. The couple has 3 children and 4 grandchildren, with a daughter now living close by.

Harry has an Associate Degree in Fire Science from Broome Community College and attended the National Fire Academy in Emmitsburg, Maryland. He worked for the Binghamton, New York Fire Department for 32 years, retiring as Fire Captain and Medic. While in Arizona, Harry was heavily involved with the Samaritan immigration and humanitarian organization and served on the Board of the Green Valley Fire District. He is a sports fan and enjoys light physical workouts to keep in shape.

Joyce was a purchasing agent at Universal Instruments in Binghamton, NY for 23 years. She has coordinated blood drives for the American Red Cross and volunteered with the White Elephant Thrift Store in Arizona. Joyce also enjoys physical fitness activities as well as volunteering.

--Barbara Kirk

FUNDRAISER COMING UP FOR OUR AUXILIARY

Do you belong to the Auxiliary at Homewood? Do you know how to join? Do you know what the Auxiliary does? These are some of the questions you may have, so here goes...

The Auxiliary at Homewood is an organization open to all Homewood residents, local church members and the community at large. Membership is \$3.00 per person annually. You can join at any time, but our regular membership drive runs each September through December.

Our mission is to provide residents of the health care center and assisted living at Homewood at Frederick with items specific to their situation which will enhance their quality of life. This is done through fundraisers and volunteer service.

Some examples of what the Auxiliary has provided are complimentary sundries on the hospitality carts; outside benches for the residents to rest; iPads for interactive videos and games; books, games and coloring materials; a games table; a 50-in. TV for The Willows; an elevated garden container for residents in wheelchairs; robotic animals for dementia patients; and much, much more.

Our next fundraiser is the annual **Spring Fashion Show** on **Friday, April 3** at 2:30 p.m. in the Tuscarora Dining Room. See ad on page 3 of this issue of the newsletter for details. Don't miss this popular event that will showcase Homewood residents modeling the beautiful selections from the Taylor Marie Collection as they walk the runway around the dining room.



If you'd like to volunteer to be a model for this event, contact Lauren Burton (CF Cottage 10, phone 240-629-1959). The Homewood culinary staff will create a delicious surprise for attendees and there will be some wonderful door prizes as well. Taylor Marie fashions will also be available for sale in the multipurpose room at Crumland Farms from noon till 4 p.m.

Stay tuned for additional information in the Chatter on the Homewood auxiliary activities and fundraisers. Contact me at 301-898-7914 or any member of the board for any questions you may have or pick up our brochure available throughout Homewood.

--Loberta Staley, President
Homewood Auxiliary Executive Board

No SNOW??



No PROBLEM!!!

Here's proof that Homewoodians don't need snow to make snowmen. Look what some of our crafters did!



(top to bottom) Betty Brungard, Marie Harne, Nancy Revis and Walter Binnix



Photos by
Barbara
Kirk

TREASURE CORNER WRAPS UP OPERATION

The Treasure Corner volunteers gathered in the multi-purpose room at Crumland Farms for an appreciation/celebration dinner. Thirty folks who contributed to the success of the Treasure Corner enjoyed a dinner of quiche, salad, fruit dessert and fellowship. Volunteer Director Liz Kannenberg, who was not able to attend the event, sent a letter of thanks to the volunteers, which read in part:

“I would like to extend my gratitude and appreciation for the many, many hours you have all selflessly donated to help make the Treasure Corner the success it has become. Your time, commitment, and hard work has not gone unnoticed, and without you the Treasure Corner would not have made the impact that it has on the larger Homewood Community.

“You have been a very dedicated and strong team and have given your time very generously. So on behalf of Homewood at Frederick, thank you, to each and every one of you.”

The Treasure Corner opened in a small space in the Catocin Country Store on October 17, 2015. Our first 15 months of operation we earned \$25,000. Those proceeds went to the ILRA. The following years until closing, our funds went to the Homewood Foundation Benevolent Fund. The donation for 2017 was \$20,000. In 2018 it was \$20,000, and \$14,200 in 2019.



During the first three years we were open 7 days a week. Then, because of operating issues in the country store location, we changed the business hours to Monday through Friday during the normal hours the store was open. That decision adversely affected our revenue, and the decision was made to close the store as of January 5, 2020.

Executive Director Karen Main has said that finding an appropriate location so that we can reopen will be given consideration as part of the Homewood strategic plan.

--Mara Dudrow

DID YOU KNOW?

Cups of any sort are NOT recyclable under new County guidelines. So throw your used cup in the trash, whether it is paper, Styrofoam, or plastic. Or better yet – take your own cup along to events and then take it home with you!!



The Treasure Corner volunteers gather for a group picture at their appreciation/ celebration dinner. Front row L to R: Jan Heller, Ginny Hecklinger, Sandy Gangwere, Mara Dudrow, Barbara Rhoads, Carol Collins. Second row L to R: Ev Higbie, Barb Young, Mary Wilber, Doris Alexander, Pat Dawson, Sue Rock, Terry Higgins, Nancy Boltz, Ginger Ward, Linda Lang. Third row L to R: Lou Dudrow, Nancy Holmes, Arlene Duprey, Pat Snyder, Bootsie Orr, Sharon Smith, Martha Badger, Joanne Durst, Marghee Beatty, Bob Badger, Jim Sasiadek. (Photo courtesy of Mara Dudrow)

IT'S ALMOST PLANTING TIME!

Punxsutawney Phil has predicted an early spring, and it's time to get ready. (Caution...his accuracy rate in only 39% though!!!) For those of you new to Homewood, **we have 23 garden plots for resident use.** Two are planted in asparagus—for all gardeners to enjoy—and one is planted with rhubarb. **The other 20 are available for interested gardeners.** The plot sizes vary, but most average about 140 square feet.

The gardens are tilled for us and we have a shed full of hand tools on the site. Water is also readily available. In past years, some of our residents have won ribbons at Frederick Fair for Homewood-grown produce!

All interested gardeners are invited to a meeting on **Monday, March 2** at 10:30 a.m. in the ILAC to sign up for plots and exchange information. If you cannot attend or need additional information, contact **Ed Chaney** at 301-644-4264 or eechaney@aol.com.



SAFETY & SECURITY REMINDERS WILL BENEFIT ALL

Several times in the past year questions have come up about whether there is a schedule for the cleaning out of the venting on the clothes dryers.



Of course, we all know that we should clean the lint filter after each load, but what about vacuuming out the tubing from the dryer to the outside vent? Since access to that tubing is difficult to reach on some dryers, it is best to send a work order to Maintenance for that task. Greg Lescalleet, Maintenance Director, recommends that this be done once a year. However, if you notice that the dryer is suddenly taking longer to dry clothing or, if you live in The Lodge and you hear the fan shutting off during the drying cycle, then it is time to send a work order.

As our community, grows we have more traffic both on the roads and on the sidewalks. Even in winter, walking is a popular form of exercise here, not to mention an ecofriendly way to get around the campus. When you are parking your car, please pull fully into your driveway so that the car is not protruding over the sidewalk. When you park along the side of the road, please be sure your wheels are not up on the sidewalk.

And for cyclists and walkers out at dusk or later, please wear reflective gear or use a light so that you can easily be seen by motorists. We all have a stake in keeping our streets and walkways safe.

--**Esther Ziegler**, Secretary
Safety & Security Committee

Happy
St. Patrick's Day!

VISITORS AT HOMEWOOD

Homewood resident Avadna Coghill greets Dalton, an 11-year-old retired guide dog. He was part of an informative program presented by Jeanyne Gembariski, regional manager for Guiding Eyes for the Blind. She spoke to our Visionaires low vision support group about their program of raising puppies to be trained as guide dogs. The organization has 450 puppies in training right now, and places approximately 170 dogs per year. Of course, Dalton and 13-month old Eugene, a guide-dog-in-training were the hit of the day! Their trainers, Jim and Linda McCauley, bring the dogs weekly for visits. (Photo by Barbara Kirk)



ILRA ELECTIONS COMING UP

All Independent Living Residents of Homewood at Frederick are members of the Independent Living Residents Association (ILRA). This is an organization to promote programs and activities for the residents and to act as a liaison between the residents and the administration of Homewood.

The ILRA leadership consists of Association Officers (President, President Elect, Immediate Past President, Secretary, Treasurer and Assistant Treasurer) and Neighborhood (i.e., Crumland Farms, Patio Homes and Lodge) Vice-Presidents and Representatives. There are various committees (Food, Fitness, Safety, etc), made up of residents, that assist the ILRA leadership in its work.



It is now time for to conduct an election to fill ILRA positions for May 2020 to May 2021. Nomination forms were distributed to residents on February 25. You may nominate yourself or someone else. To nominate someone else, you must obtain their permission before their name can be placed on the ballot. Instructions are included on the form.

Election ballots will then be distributed by Nominating Committee members to residents in early April and need to be returned by April 19. The names of the successful candidates will be posted no later than April 29 in the Crumland Farms cloak room and the Do Drop In located in the Lodge. Those elected will take office following the ILRA General Meeting on May 20. **The complete list of significant dates for this election is shown below.**

February 25 – Nomination forms went out into cubbies (mailboxes for Crumland Farms apartments)

March 9 – Deadline for nomination forms to be returned

April 6 – Ballots will be distributed

April 19 – Deadline for ballots to be returned

April 29 – Results posted on bulletin boards

May 20 – General Meeting of the ILRA

The Nominating Committee appreciates the participation of Independent Living residents in this election process. If you have any questions, contact one of the following members of the 2019-2020 Nominating Committee:

Lodge Neighborhood – **Bob Zeigler, Mary Lou Blessing**

Crumland Farms Neighborhood – **Orley Bourland, Dick Kishimoto**

Patio Homes Neighborhood– **Bob Wolpert, Pam Zusi**

--**Mary Lou Blessing**

FOCUS ON OUR FOUR-FOOTED FRIENDS

Meet JAKE!

Jake is a very gentle six-year-old Australian Labradoodle that has lived in a patio home with **Sue and Dave Chapin** for the past four years. A mix of Labrador retriever, poodle and cocker spaniel, Jake is a non-allergenic dog with hair rather than fur and

does not shed.

His hair color is called

“Phantom” and he is

symmetrically colored, another unusual trait.

Jake loves to eat and is a bit spoiled since Dave prepares all of his food. Treats are the way to influence Jake!

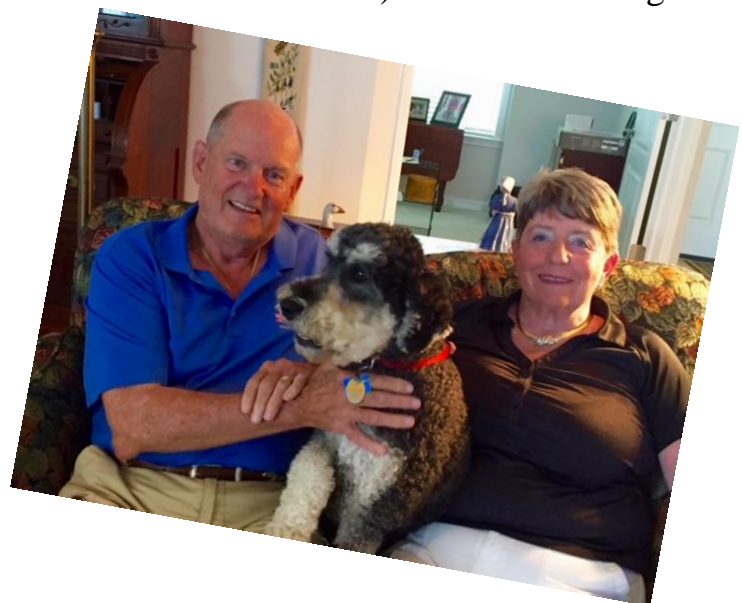
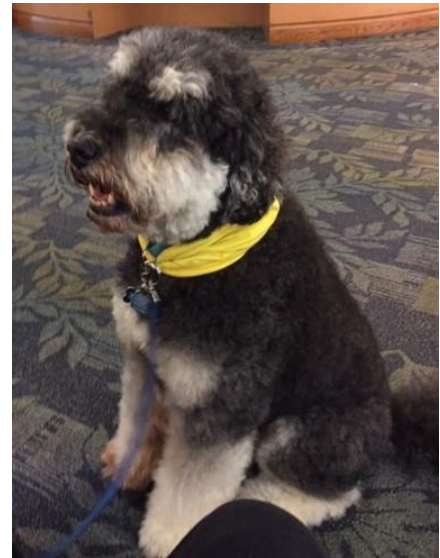
Sue takes Jake to visit folks in the Meadows and Assisted Living areas where he brings joy to the residents. (He is shown at left with former patio home resident **John Hubbard** who is now in healthcare.) He loves fetching

balls in Homewood’s new dog park where he keeps an eye out for other dogs coming to play.

As part of Frederick County’s “Wags for Hope,” Sue and Jake have visited high schools where he gets lots of attention from the teenagers. Jake loves people and is reluctant to head home after such visits.

--Leslie Hobbs

(Photos by Leslie Hobbs)



NEWS FROM YOUR FAMILY COUNCIL

Family Council is a group of residents who advocate for those in Healthcare. Our function is to be a liaison between staff and residents.



In conjunction with staff, Family Council will be offering tours of our healthcare area: Willows, Key Court, Meadows, and Woodlands. Exact dates in March will be announced soon.

Please consider joining a class of five or six to train for assisting healthcare residents with meals. Classes are two four-hour sessions. If interested, please call Pat Dawson, 301-644-5800. The meal and frequency will be your decision. Volunteers are always welcome and needed.

Everyone is welcome to attend Family Council meetings. The next meeting is **Sunday, March 1** at 3:30 p.m. in the Independent Living Arts & Crafts Room. Tanya from Rehabilitation and Therapy is scheduled to be the guest speaker.

--Jan Shaff

AARP SMART DRIVER PROGRAM COMING APRIL 15

The AARP Maryland Smart Driver Program will be held at The Lodge on **Wednesday, April 15** from 10 a.m. to 3 p.m. The cost is \$15 for AARP members and \$20 for non-members, including lunch. Shuttle service will be provided. To register, call Julie Norris at 301-644-5639 from March 1 through April 10. Since class size is limited to 40 participants, early registration is advised. This program is being sponsored by the Safety & Security Committee.

--Esther Ziegler

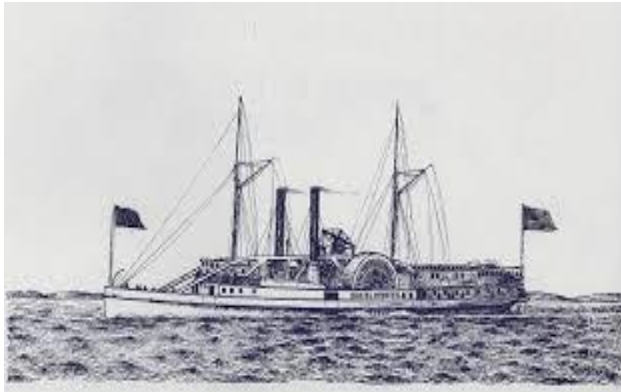
ATTENTION ALL GOLFERS!

The Golf League has announced its rates and dates for tee times this year. Glade Valley Golf Course has again agreed to the special rate of \$18.00 for the 2020 golf season. **Tee Times are as follows: 8:16 a.m., 8:24 a.m., 8:32 a.m. and 8:40 a.m.** These times will begin in March and end in November.

If you have questions get in touch with **Bob Kinsey**, 301-360-5531.

If you have an email address and are NOT already receiving, menus, daily activities, updates, newsletters, etc., please contact Activities Director Julie Norris to have your email put in her address book. We want to make sure you receive the most current and accurate information!

ALOHA PRESENTS



*Steamship "Olmsted" served as a Hospital Ship
in The Civil War*

"Neither Praise nor Pity Us— Women of the Hospital Ship Transport Service"

Friday, March 29, 12:45 to 1:30 p.m.

All women and men are invited to hear Betsy Estilow, an expert historian, speak on the massive campaign of using Army steamers to move the sick and wounded soldiers of the Army of the Potomac to hospitals in the North.

The envisioned role of the women was to organize food, tending to the soldiers needs and assisting the staff. However, the women soon found themselves rescuing abandoned men, triaging patients and even assisting in surgery.

Betsy has been fascinated by Civil War History since childhood. She was a co-founder of the Society for Women and the Civil War, a national organization dedicated to recognizing the role of women from 1861 to 1865. An active participant in the National Museum of Civil War Medicine in Frederick, she served as Chairman of the Board and spoke about the Civil War to many Frederick groups

All women of Homewood are invited to come to our Active Ladies of Homewood Association (ALOHA) luncheon at noon on the 28th. Please bring a friend. All luncheon attendees should sign up with the Crumland Farms Receptionist (301-644-5600) no later than the 27th. A shuttle will run from the Lodge at 11:30 a.m.

--Sue Chapin

VISIONAIRES

The Visionaires' next meeting will be **Tuesday, March 3** at 10:30 a.m. in the AL Garden View Lounge. Chaplain Suzanne Morris will be our speaker. It will be a pleasure to have a friend as a speaker. She will talk about ways of coping with the frustrations of vision difficulties. We should be able to have a good discussion.

--Avadna Coghill

TEXTILE ART, MUSIC, DATA AND LAUGHTER

Which of the words above just don't seem to fit with the topic of climate crisis? If you missed the program "How Do You Visualize and Hear Climate Change?", sponsored last month by the Retired Clergy Group, you might think that "data" is the only word that does fit with that topic.

Those of us who had the opportunity to see *The Tempestry*, and to hear a mournful cello piece, and even to laugh at the group name of one of the knitting groups who produced *The Tempestry* (i.e., "Chicks with Sticks"), know that even a serious topic can hold points of humor. These disparate pieces were knit together by two engaging and authoritative speakers, Ann Payne and Dr. Bernadette Roche, and cellist David Howard.

The Tempestry, a knitted piece more than 7 feet in length which shows the progression of climate change in Frederick County since 1900, was on display. Ann Payne, who conceived the piece and worked with local knitters from different faith traditions to produce it, spoke about the process. She and Dr. Roche, Director of Environment and Sustainability Studies at Loyola University of Maryland, are both members of the Frederick County Multifaith Alliance of Climate Stewards. David Howard, former NSO cellist, played a brief piece that was composed based on the climate data.

After hearing the presentations, one of the attendees was moved to order a book recommended by Dr. Roche for our library. In the weeks ahead watch in the Crumland Farms library for the book *Drawdown* by Paul Hawkins to learn more about how the change in climate is changing many aspects of our lives...and that is not a laughing matter.

--Esther Ziegler



Ann Payne (at left) and Dr. Bernadette Roche display The Tempestry piece.

PROTOCOLS OF THE CRUMLAND FARMS LIBRARIES

Be aware that residents have a dedicated Library Committee that manages these libraries, including DVD movies. Members of the committee buy new large and regular print books and movies, then catalogue and sort them, shelve and reshelve them, after you borrow them, and maintain inventories.

Large print books are on the store side of the Café; regular print books are in the 3rd floor library and on the window side of the Café. Books are shelved in alphabetic order by the author's name and then in alphabetic order by the book title. Every spring we select some of the older and less circulated books for the yard sale.

Because we have a strong Library Committee, we request that residents do not add books to the shelves. It confuses us! If a resident, or non-resident, desires to donate a book or books to the Library, they should be placed on the Library Cart (so identified) near the Library Desk in the Café. The same is true for movies in whatever format they are.

Also remember, if you borrow a book or movie, sign and date the card in the back, put the book card in the little wooden box on the top of the book return cart by the large cabinet in the Café, or on the window shelf in the 3rd floor library. Movies are obtained from the front desk and cards are returned to the front desk.



There is also a library on the 4th floor which contains paperback books. These books are all donated, so, while we keep them in order, we do not control them. We also sell some of these at the yard sale.

If you have any questions or suggestions, please contact **Stan Schweinfurth**, Chair of the Crumland Farms Library Committee, x5918, or Stanley442@comcast.net.

--Stan Schweinfurth



Please be a good neighbor. Return the Homewood courtesy carts to the space inside the doorway as soon as you're finished so that they're available when others need them!

SPOTLIGHT ON OUR VOLUNTEERS

This is an article written by Gayle Danley, of DSFederal, Inc. about Phineas Jackson, one of our healthcare center volunteers, that I have received permission to reprint in our newsletter. –Liz Kannenberg, Volunteer Director

Beyond the Desk: Phineas Jackson Gives Time, the Sweetest Gift



Meet Phineas. As a Project Manager supporting the United States Army Medical Research Institute of Infectious Diseases (USAMRIID) Operations Division, he spends his days executing, assigning, and managing task orders and compiling vital information to satisfy stakeholder expectations. But when he loosens his tie and takes off his work shoes, he becomes a Companionship Volunteer for residents in a senior retirement community.

Over the past six months, Phineas has developed an especially close bond with Marvin, an 87-year-old resident who sometimes forgets Phineas' name but never forgets his heart. They meet once a week in Marvin's modest one-bedroom apartment. There's a sofa, a warm blue blanket, and a birthday scrapbook full of pictures from his college days, his family, and his wife's loving face. Occasionally, in keeping with the season, Marvin's niece changes his room's decor. When the update comes late, his niece might get a sharp, "Hey! Why is that Christmas tree still up?"

In this simple room, Marvin sometimes entrusts Phineas with the details of his long and intricate life: how he helped his father grow tobacco on their farm in the hills of North Carolina; his three years in the Army; how deeply he loves his wife and misses the time they spent exploring the world.

Other times, the visits are quiet with only an occasional question denting the silence: "Is that a robin?" Marvin might ask. "Yes," Phineas responds, before performing a quick Google search to confirm the species of the red-chested bird perched on a branch outside the window.

The sharing goes both ways: Phineas has brought his family to meet Marvin, and Marvin's relatives often send Phineas gifts of gratitude to thank him for pouring a bit of sunshine into their loved one's day.

"It's very rewarding. It makes me value life more and respect those who've gone before me," Phineas said. "It's taught me how to be patient. You just listen. It's a give and take. I have all that I need so I give of myself."

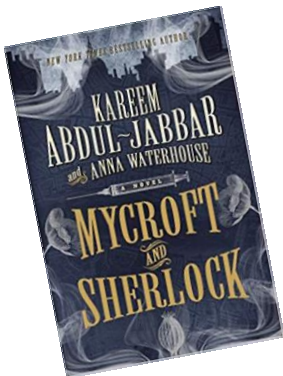
(cont'd on p. 22)

PHINEAS JACKSON, cont'd

Sometimes a visit ends with candy in Phineas' hands-- a thoughtful gift from Marvin. But it is the fulfillment of knowing he's brought joy to someone's life that, to Phineas, is even sweeter.

DSFederal understands the need to form lasting bonds with others. Thank you, Phineas, for sharing your time with us and with those whose lives are made more meaningful by your support and companionship.

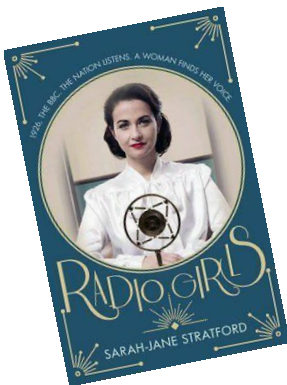
BOOK REVIEWS



Mycroft and Sherlock by Kareem Abdul-Jabbar

My friend Bill recommended this novel to me. Sherlock Holmes is the younger brother of Mycroft. The setting is 1872 London. It involves the drug trade (which was legal-in-part) and gruesome murders. A different read. This is the second in the Mycroft and Sherlock series co-written by the former NBA player and screenwriter Anna Waterhouse. It is in paperback in our 4th floor library at Crumland Farms.

--Vernon Rippeon



Radio Girls by Sarah-Jane Stratford

This book is historical fiction about the beginning days of the BBC. A young American woman who has had to make her way on her own after being a nurse's aide in WWI is fortunate to get a clerical position with the new radio broadcasting company. Since she is good at living by her wits, she works her way quickly up to being the assistant of the one female program director, Hilda Matheson (a real person). Their programs, which are much like NPR programs today, become extremely popular—especially with women, who were fighting for the right to vote.

Lots of history and current issues of the day, including many “bohemian” writers, Nazis, and trade unions. Excellent content, although somewhat mediocre writing. This book is located in the Lodge library. Incidentally, the author has a new book about McCarthy-era blacklisting, due out this month.

--Kathy White

HIGHLIGHTS OF OUR MARCH ACTIVITIES...

A Little Something for Everyone!

- Tues. 3/3** **Patty Carver Patriots of Liberty Show** in honor of women's history month, MP 2:30 p.m.
- Sat. 3/7** **Jazz Connection**, a lively presentation of standard, Latin, Be-Bop and funk jazz arrangements, MP 2:30 p.m.
- Tues. 3/10** **One Hour of Nothing but Good News!** A solid hour of all-new, fresh, hot-off-the-griddle uplifting news. You'll feel better about our world at the end of the hour. Promise! MP 2:30 p.m.
- Thurs. 3/12** **Dementia 101** with Dr. Mary McDonald, Director of Frederick Health Hospice, and Patricia Ortiz-San Miguel, Hospice of Frederick County. MP 6 p.m.
- Fri. 3/13** **Stas Venglevski**, world class accordionist, presents a program of original compositions, classical, contemporary and ethnic music. Event Center 6:30 p.m.
- Sat. 3/21** **Double Play Flute and Tuba**, the world's only full-time professional flute and tuba duo. Celebrating their 30th anniversary this year, this husband and wife duo have performed for audiences in 45 states, the District of Columbia and Mexico. MP 2:30 p.m.
- Thurs. 3/26** **League of Women Voters Program** with question and answer period following, and an opportunity to register to vote. MP 7 p.m.
- Fri. 3/27** **Spring Fling Dance** with DJ and snacks. Event Center 6:30-8:30 p.m.
- Sat. 3/28** **Cormorant's Fancy**, Irish folk music. MP 2:30 p.m.
- Mon. 3/30** **Joy Bells Handbell Choir**. MP 11 a.m.
- Tues. 3/31** **Sharing the Burden: Women in Cryptology during WWII** presented by Louis Leto. MP 2:30 p.m.

A LIBRARY MOMENT...

I have returned to Crumland Farms Library several books found on The Lodge Library shelves. Please remember, when you borrow books from the Crumland Farms Library, sign them out, enjoy and return them to the library cart at Crumland Farms. When you borrow books from The Lodge Library, enjoy and return to the proper shelf. Thanks for remembering!

--Mary Wilbur, Lodge Library Committee



You never know what to expect when you join your neighbors for one of our monthly morning coffee hour get-togethers. Besides coffee, sweet treats and good conversation, Mary Hammond ended up winning the drawing for an adorable Valentine bear at the February Independent Living residents coffee hour at Crumland Farms. Upcoming coffee hours are scheduled for March 10 at Crumland Farms and March 25 at The Lodge. Hope to see you at one of these!

As our community expands, and with more Homewood residents giving up driving, interest is growing to have the Bookmobile deliver and return books we want to borrow from the County Library. If there is enough interest, they MAY consider our request. It has been suggested that we email James Kelly at the Library and request this. His email is JKelly@frederickcountyMD.gov. The more emails he gets, the more he will see there is a real interest here for this service! Wouldn't it be a welcome addition!

--Fanny Johnsson

Save
the
Date

Homewood's Annual Volunteer Appreciation Luncheon will be held on **Monday, April 20, 2020** in the Tuscarora Dining Room at Crumland Farms. Invitations and details will be mailed out to volunteers who have submitted a timesheet at the end of March.

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DEADLINE to submit copy: 15th of the month for the following month's issue. Copy can be emailed to the Editor, given to the receptionists to be sent through in-house mail to CF #443 or placed in the box in the CF coatroom near the reception desk.

Newsletter Committee Meeting: the second Friday of each month at 9:30 a.m. in the 3rd floor library at Crumland Farms.