



The CHATTER

A Publication for the Independent Living Residents of Homewood at Frederick

VOL. 22 NO. 5

MAY 2021



(Photo by Nancy Hamstead)

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CHAPLAIN'S CORNER

Many of us in Independent Living enjoy pausing for a few moments in the breezeway to watch the ducks on the pond. There are other forms of wildlife to be observed too, like the robins that greet the arrival of spring. Those of you who are birders have probably seen many other birds here that I don't even know about. Squirrels often frisk across the grass. I used to see a rabbit, although that was a few years ago. It is wonderful to have these animals around us to remind us of the variety of creation.

These creatures remind me of a song that was a favorite of a former pastor of mine:

*“All God’s critters got a place in the choir,
Some sing low, some sing higher,
Some sing out loud on the telephone wire,
And some just clap their hands, or paws, or anything they got now.”*

This image of “critters” making music together applies to people too. Over the years as I’ve sung in choirs, I’ve loved singing alto. Taking the melody as a soprano is nice, but singing a different part has given me a new appreciation for the way the various voices blend together and the rich and complex harmonies of the music. The different parts that “all God’s critters” sing combine to make a work of art that one voice alone could not create.



The Homewood community is like a choir with many voices. Residents come from many different backgrounds and bring many different perspectives. They bring varied gifts to the community here. There are lots of ways in which people participate, whether it be through serving on a committee, attending activities, attending worship, or being a kind neighbor with a listening ear. The coronavirus has put restraints on many of these, but you have found ways to work around these restraints.

Every good choir director knows that it is important to balance the different voices so that none of them overpower the others. That happens as the members listen to their neighbors so that everyone stays in tune and in rhythm. By listening to each other here at Homewood, really listening to each other's joys and heartaches, we maintain a balanced community in which everyone has a part.

As the song above says, each of you has “a place in the choir.” Your voice is important. You matter. What you have to say matters. Your neighbor's voice matters too. So, enjoy singing out, listening to one another, and being part of the choir of neighbors here at Homewood!

--Chaplain Shelley Weakly

THE MAINSTREAM

Notes from Executive Director Karen Main

After some “wintry” days in April...hopefully May will greet us with warmer days and nights to move along in our season. I always mention about the beauty around the campus and residents enjoying the outdoor areas. I am so happy to say, “The Bocce Ball/Game Court is finished!” Go out and play!

This month we will be bringing back the popular “Chill and Grill” dinners on The Lodge terrace. With the generous donation of patio heaters from **Judy Vandever**, everyone will stay cozy on those cool spring nights. The patio heaters can be used any night. Please see the front desk for assistance if you don’t feel comfortable lighting them.

Are you enjoying the Bistro breakfast menu? Honestly, I haven’t made time to go over for breakfast but have enjoyed some signature sandwiches that are being offered for lunch. Give it a try either time!

We are bringing back the Golf Tournament this year on June 9! We are all very excited to be able to have our 19th Tournament at Glade Valley Golf Club. It will be wonderful to bring folks together for a day of fun and fellowship! Our tournament proceeds will be going toward the Crumland Farms pool and spa renovations. You don’t have to be a golfer to support this project. We have many types of opportunities for sponsorship! There are brochures in each community area.

This is the month we celebrate the inspiring women in our lives! May we take time to embrace them, keep their memories alive and remember all the ways they have helped us along our journey! Many of us walk through this life and are touched by someone else’s kind words or actions and I hope that each of us can also be the giver of kindness. If someone makes a difference in your day...let them know!

Linda Procter shared this quote with me a few weeks before her retirement. I keep it on my desk to remind me of our daily journey!



“In this lifetime...catastrophes confound us, paradox surrounds us, and there is nothing for us to do but give what we can give, withhold judgment, radiate kindness, and use every sorrow as a steppingstone to love.”

-Jan Phillips, No Ordinary Time

Happy Mother’s Day!
Karen

(Photo by Nancy Hamstead)

NEW WRRRA OFFICERS TAKE THE HELM



The Willow Road Residents Association, Inc. (WRRRA) is pleased to announce the following newly elected **OFFICERS** for 2021-22:

PRESIDENT-ELECT: Bill Weller

Bill and his wife Virginia relocated back from Arizona in 2014, moving to a Homewood patio home. Professionally, Bill was an actuary for several life and health insurance companies before founding his own consulting firm in 2000. He joined the Financial Review Committee in 2017 and was elected Treasurer of the ILRA in 2018. Bill had a leadership role in forming the WRRRA and obtaining the 501(c)(3) approval.

SECRETARY: Nancy Ahr

Nancy, who holds a math degree from Purdue, was a computer programmer for Dow Chemical before moving to Frederick County in 1976. She then worked on IT services contracts at the Department of Energy and IRS before retiring from Computer Services Corporation in 2010. Since moving to Homewood in 2019, she has been active in several groups. She previously served as Secretary of the Board of Trustees of Unity in Frederick.

TREASURER: Ray Green

Ray and his wife Sandy moved into a Patio home in 2016. He served both the ILRA and the WRRRA, initially as a Patio Homes representative, and then for the last few years as Assistant Treasurer. He served as chairman of the Financial Management Committee. Ray has a B.S. in Accounting and worked as a CPA for 35 years in public accounting before retiring in 2009. He specialized in working with the financial institution industry and preparing various regulatory filings with the SEC.

VP THE LODGE: George Bolling

George served as a US Army officer for 23 years, retiring as a Colonel in 1985. He then joined Martin Marietta as a director in telecommunications. After stint as Vice President at COMSAT and other high-ranking positions in the IT/telecommunications field, he spent eight years as an independent consultant. After retirement, George was President of JerMae Estates Homeowners Association for 12 years before moving to The Lodge at Homewood a year ago.

Newly elected **DIRECTORS** are as follows:

- **Crumland Farms Neighborhood: Libby Fuss and Barbara Kirk**
- **Patio Homes Neighborhood: Sue Chapin and Richard Fulchiron**
- **The Lodge Neighborhood: Beverly Kohlhepp and Judy Vandever**

Profiles for these Representatives will be included in the June Chatter, along with a complete list of all Officers and Directors (both those newly elected and those continuing in their terms of office).

--Bruce Robertson, Chairman, Nominating Committee

A NOTE FROM THE WRRRA PRESIDENT

The Residents Association year is almost over. Elections have recently concluded and the officers for the 2021-2022 year will assume their respective duties on the 19th of this month. COVID-19 delayed the election of officers and the start of the 2020-2021 year by over a month.

Carrying out the business of the Association has been a challenge in many ways, and impossible in some ways. The annual “Yard Sale” was cancelled last year and again this year. The Golf Tournament was cancelled last year but as of now it is scheduled to be played on June 9 this year. The lockdown that began on March 13 last year is still not fully removed. We are operating at reduced capacity for virtually all we do. Masks have become our new “Face.”

With all of the restrictions we have been forced to cope with, we have still made strides to make our “Homewood Life” better. Every resident and co-worker on this campus has been afforded the COVID Vaccine. Everyone who wants it has it. When you look at our country as a whole, you realize that we here are very blessed.

We have one new bus to spirit us on partially reopened trips and shopping excursions. And not one, but two, new Bocce ball courts behind The Lodge. The Bistro has reopened, including breakfast (*if you haven't already, you really do need to try it!*) as well as lunch



five days a week. The Wooden Nichol Pub has reopened four nights a week, *by reservation only*, for PUB style food and beverages. The Garden Club and the “Kingfishers” DID NOT see their shadow on Groundhog Day, so they are busy doing what they like best. Activity groups are operating (yes!), at reduced capacity.

Some residents are still feeling depressed and some are dissatisfied, but if you list all of your complaints in one column and all of your blessings beside them, you have to be glad you live here at Homewood at Frederick. Enjoy the Springtime and remember to...

Stay Safe and Stay Well,

--Claude Revis

THANK YOU

The huge outpouring of cards and memories from residents and staff for **John Lehman** was greatly appreciated.

Sincerely, **Anne Lehman** and Family



HOMWOOD HAPPENINGS



On April 7, the Homewood Walking Club went on its first trek of the season at Walkersville Community Park. All had a good time enjoying the beautiful spring day, with birds singing and trees in early bloom. Pictured left to right are: **Wilma Conti, Richard Fulchiron, Pam Zusi, Libby Fuss, Jerry Fuss, Barbara Young, Phil Young, Jim Spiller and Dorothy Kovatch.** To find out more about the Club's activities, contact **Barbara or Phil Young.**

Our Golf Classic Chip-Off event was held at Crumland Farms on April 14. Residents gathered in the Multi-Purpose Room for a picnic-style lunch and enjoyed good conversation while they awaited the results of the 50/50 drawing and the raffle for lottery scratch-off tickets.

Shown with lucky scratch-off winner **Shirley Erdmanis** (2nd from left) are staff members **Samantha Turner, Sean Dunham, Liz Kannenberg and Lynn Lawler.** **Patrick Dellinger** of our Dietary Department won the 50/50.

Residents had the opportunity to support our Golf Classic, coming June 9 at Glade Valley Golf Club in Walkersville, by sponsoring a tee, a golf cart and more. If you would like to participate, see brochures available at the front desks for details.

(Photo by Meg Cliber)



HOMWOOD GOLF CLASSIC RETURNS THIS YEAR

After a year's hiatus due to COVID-19, Homewood is moving full steam ahead with plans for the 19th Homewood at Frederick Golf Classic. Scheduled this year for **Wednesday, June 9** at Glade Valley Golf Club in Walkersville, registration for golfers is open through May 26. Participants can either register online at www.homewood.com or by mail, using the registration form found in the brochures available at the front desks on campus.



Check-in on the day of event will begin at 10:30 a.m., with lunch available before golf. Shotgun start is at 11:30 a.m. The day will wrap up with dinner and awards after golf.

This charity golf tournament has been a mainstay at Homewood at Frederick since 2002. Proceeds from this year's event will be used for renovations to the pool and spa at Crumland Farms. Sponsorship and team opportunities are outlined in the brochure, or you can call The Homewood Foundation at 301-223-1434

--Barbara Kirk



SATURDAY, MAY 15
10 A.M. TO 1 P.M.
MODEL HOME PARKING LOT



Our Fitness staff is always ready to provide a little fun along with a good exercise workout. Pictured above are scenes from April's Egg-Stravaganza event. At left, Hoppy the Homewood Hare (a/k/a Clarence Harper!) poses with Fitness team members Courtney Jackson, Katie Groomes and Gretchen Smith. In the center, **Cindy Abbott** and Hoppy joke around. At right, Hoppy oversees an exercise routine. Lots of laughs and some cool prizes came out of this session. (Photos courtesy of the Fitness staff)

MEET YOUR NEW NEIGHBORS



DEBORAH (“DEB”) EHART and her cat Asher moved into their East Cottage home in March from Rocky Ridge, Maryland. Deb is originally from the Wilmington, Delaware area.

She began her working career in retail sales and customer service, mostly in the pharmacy field, but after her children were in college began her own course of college-level studies. She first completed the pre-pharmacy program at Frederick Community College, before transferring to the University of

Maryland School of Pharmacy where she earned a Doctor of Pharmacy degree.

Deb worked as a pharmacy technician for 14 years, then joined the staff of Weis Markets in Thurmont as their Pharmacy Manager, staying in that position for 19 years. She retired in 2019.

Deb’s hobbies are arts and crafts, sewing and reading. She was also an active volunteer on various committees at Prince of Peace Episcopal Church in Gettysburg.

Deb has two children—a daughter and a son—and three grandchildren. Her daughter and the grandchildren live nearby in Myersville.



BOB and KATHY DOLLAR had a very different reason than most new residents for choosing Homewood: “It’s right on our bicycling route!” These avid cyclers moved into their East Cottage home from Frederick this past February.

Bob, who’s originally from New Jersey, was a career State Department employee who also served in the U.S. Army. He spent 25 years as an IRS volunteer tax preparer and 8 years on the Frederick

County Roads Board. And, he has been affiliated with the Frederick Pedalers Bicycle Club for many years as treasurer. Bob has a grown son.

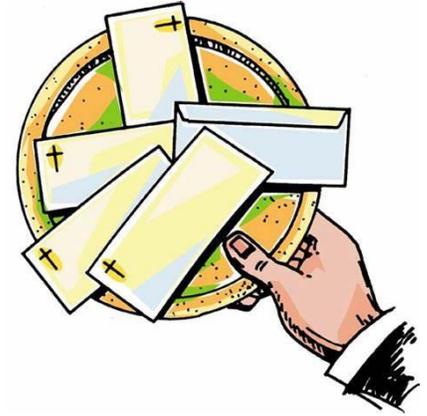
Kathy grew up in Glen Spey, New York, receiving her Bachelor’s degree from State University of New York at Geneseo and her Master’s in Education from Penn State University. She was a special education teacher for 40 years—27 of those were in Frederick, Maryland schools. Besides cycling, Kathy enjoys knitting. Kathy lists her volunteer activities as NAC 3, a mentor to Boys and Girls Club bicycling club, Frederick Pedalers, and Carewear.

--Barbara Kirk

WHERE DO OUR SUNDAY CHAPEL DONATIONS GO?

If you have not been able to attend worship in the chapel on Sundays or have no idea what this article is addressing—well, you may not be alone. That very question has even arisen from folks who do attend services in person. So here for the benefit of all, the Religious Life Committee is providing answers.

First, the process. Donations are collected primarily from attendees during the Sunday morning 10 a.m. worship services. For other folks, donations may be submitted directly to the Chaplain’s office. Once during each quarter of the year, our committee reviews the donations collected that quarter and disperses 15% to non-profits, in general local ones. Remaining donations go to support the needs of our chapel and the Chaplain’s office (not salaries).



If you would like to make contribution, place a check, made out to “Homewood at Frederick” and with “Chapel” on the memo line, into an envelope addressed to Chaplain Suzanne Morris, at one of the front desks.

Total Religious Life Committee Charitable Donations 2016-2020

Blessings in a Backpack	\$ 859
Brunswick Elementary. Caring Cupboard	306
CASA-Washington County (Court-Appointed Special Advocates)	200
Children of Incarcerated Parents Partnership (COIPP)	1,000
Church World Service	735
Daybreak	960
Frederick Food Bank (Frederick Community Action Agency)	4,138
Glade Valley Community Services (Summer Program)	2,610
Hospice of Frederick County	858
Mission of Mercy	1,107
Religious Coalition for Emergency Human Needs	2,579
Religious Coalition for Emergency Human Needs (School Drive)	850
Religious Coalition for Emergency Human Needs (Family Shelter)	6,000
SOAR (Supporting Older Adults Through Resources)	643
SHIP (Student Homelessness Initiative Partnership)	1,000
UCC Emergency Response – Hurricane & Natural Disaster	10,625
Walkersville Early Literacy Play & Learning Space (in new library)	<u>200</u>
TOTAL	\$34,670

--Mary Lou Blessing

INTRODUCING SOME OF OUR “OTHER RESIDENTS”



Nancy Hamstead has been discovering all kinds of “critters” on her walks around campus. In the top left photo is one of our resident groundhogs that pops his head up to greet her regularly up near US 15.

We’re not sure whether the little guy at the top right is a weasel, a mink, or what (can anyone help us out here—Nancy’s family had differing opinions on his identity). Nancy saw him lounging on the rocks by The Lodge pond.

Down along Tuscarora Creek she found the squirrel shown in the bottom left photo, and the turtles at the bottom right sunning themselves on partially-submerged tree limbs.

Keep your eyes open when you’re out strolling around—you never know what you’re going to see on our campus! And send us pictures if you can, just like Nancy is doing. We’ve got our own little wildlife habitat thing going on!

--Barbara Kirk

“THE ORCHID MAN” SHARES HIS TALENT WITH US

Ardine Gorden started to grow orchids after he retired and has continued this hobby during his years living in a Crumland Farms apartment. In the spring you can see some of his colorful orchids on the windowsills along the hallway leading to the Independent Living apartments where they get the correct amount of light and warmth.

Ardine loves to purchase orchid plants that appear neglected and are on a “sale table” in one of the local stores, and then nurture them back to life. In the summer he moves the orchid plants outside to his patio where he provides the necessary water and fertilizer for them to grow in special pots that provide air to the roots (*shown in photo at left below*).



Ardine developed this interest while living in North Carolina where he became an active member of the Piedmont Orchid Society, learning from and sharing plants with others. At one time he had over 100 orchids at his home and gave many of them to members of the Society when he moved to Frederick.

He loves to talk about the orchids and his other interests. For example, after retiring, Ardine enrolled in a sewing class where he did not want to start with the basics. His first project was a shirt with a yoke and then he continued making a lined jacket and a long coat. He has lots of stories to tell anyone who is interested!



--Leslie Hobbs





Resident and Staff Holiday Vendor Sale

Attention: Authors, Painters, Needlepointers, Knitters, Quilters, Jewelry Makers, Photographers, Woodworkers, Crafters, etc.!

For this year's Holiday Vendor Sale we would like to primarily showcase the talents and hobbies of **YOU**—the residents and staff here on campus!! The date is penciled in for **Thursday, December 2**.

Participants will get a 6-foot table to display their handcrafted and original work for sale. Space is limited. Please contact Liz Kannenberg, Volunteer Director, at 301-644-5646 for more information. **Interest deadline is September 3, 2021.**

Participants agree to a goods donation (\$20 value) to be raffled off. Proceeds will go to support Homewood's Benevolent Fund.



RESIDENT COMPUTER COACH VOLUNTEER NEEDED

We are in search of an Independent Living resident who would like to serve as a Computer Coach Volunteer at Homewood. The volunteer will oversee weekly scheduled open computer lab hours in Independent and Assisted Living. We are also looking for the volunteer to provide occasional one hour, one to one, in-home coaching for residents on our campus as needed.

If you have a diverse background in computer basics, including PCs, Macs, and iPads, please contact Liz Kannenberg, Volunteer Director, at 301-644-5646 or lkannenberg@hmwd.org.

I'm a multi-tasker.

I can listen, ignore and forget...

all at the same time!



LODGE LITERARY MOMENT

Have you noticed something “fishy” in the Main Reading Room of The Lodge Library? The Kingfishers, our Homewood fishing club, has a collection of books that might help anglers new and old.



Look for **McClain's Secrets of Successful Fishing** an illustrated guide for techniques, tackle, and knowledge of sports fishing or The Freshwater Angler's **Fishing Tips & Tricks**. There are also copies of “TROUT” magazine published by Trout Unlimited.

If you would like to donate more books to the collection, please call **Mary Wilbur** and she will process your treasures.

If you really get hooked, contact **Bruce Robertson** who's heading up the Kingfishers, and find out about their next adventure. I hope I have reeled you in to take a look at the fishing collection the next time you visit The Lodge.

--Pat Curchin

ALOHA PRESENTS: “A Tour of the National Zoo Part 2”

Did You Know...that in addition to having distinctive fingerprints like humans, each gorilla also has a unique nose print?

Come find out more about the animals of the National Zoo as **Sue Snay**, Homewood resident and National Zoo Volunteer, shares more facts and trivia about the primates who currently live at the Zoo. This presentation to the Active Ladies of Homewood Association (ALOHA) will be held on **Friday, May 28 at 2:00 p.m.** in the Multi-Purpose Room at Crumland. Homewood men and women both are invited to the program. To attend in person, please sign up on the APP. The program will also be shown on Channel 970.



--Sue Chapin

BOOK REVIEWS



BULLSEYE by James Patterson and Michael Ledwidge

Patterson's hero Detective Michael Bennett traces the threat to our president. Ledwidge has a new twist involving snipers and creates some highly plausible scenarios. Lots of action with helicopters and huge trucks. This book is in our 3rd floor library at Crumland.

--Vernon Rippeon

FOOD AND WINE PAIRINGS DELIGHT RESIDENTS



The Lodge Wine and Food Pairing in April highlighted the culinary talent of one of our chefs at the Lodge, Carlos Bello Perez, and the wine pairing expertise of the Lodge's Assistant Food Director, Patrick Cavanaugh. Wines sampled included Nobile Savignon Blanc, Barton & Guestier Beaujolais, Alamos Malbec and Hartley & Gibson's Cream Sherry.

Food included Cucumber Roll with Spinach, Arugula, Fresh Mint and Honey Horseradish, Lamb with Pesto Cream, Marinated Roasted Pork topped with a Cherry Glaze and a Mandarin Creme Mille Feuille. Here are some of the comments from participants:

"The cucumber and arugula salad is bursting with bright, fresh flavors."

"I'd like to see this pork dish on the regular menu."

"My lamb chop was cooked and seasoned perfectly."

"I'd like four more of those mandarin orange custard desserts, please."

Over at Crumland Farms, participants enjoyed the same wine selection, paired this time with culinary dishes created by Jeffrey Humphrey and Dave Rolls.

Food included Spicy Rockfish bites on a bed of micro greens garnished with Grilled Pineapple, Lightly Breaded Fried Double Crème Brie served with Toasted Almonds and Raspberry Sauce, Grilled Pork Rib with Plum BBQ Sauce and Goat Cheese, and a Rustic Galette with Cream Cheese, Baked Apples and Onions with a Cinnamon Caramel Sauce.



Residents raved about the quality of the food and practically licked their plates clean. "Compliments to the Chef" was proclaimed repeatedly!

Be sure to check out upcoming food and drink pairings. Sign-up is required and seats are limited.

--Liz Kannenberg

A NOTE OF APPRECIATION

To my Homewood Family a big thank you for all the cards, calls and support. This is so appreciated and helpful at a time of our loss. I am sure Ron had no idea how many people thought so highly of him.

--Shirley Luersen and Family



CHAPLAINS MARK MILESTONE ANNIVERSARIES

Homewood Chaplains Suzanne Morris (left) and Shelley Weakly (right) were recently recognized for reaching milestone anniversaries of their ordination as ministers. Chaplain Suzanne was ordained 30 years ago and Chaplain Shelley five years ago last month. The certificates were presented by Homewood resident **Sue Rock** (center), representing the Church and Ministry Committee of the Catoctin Association, Central Atlantic Conference, United Church of Christ.

(Photo by Barbara Kirk)

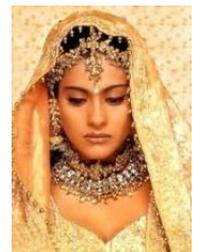
ATTENTION GOLFERS

Why not join our golf league that plays every Thursday at Glade Valley Golf Club! **Tee times are 8 a.m., 8:10 a.m., 8:30 a.m. and 8:40 a.m. Cost is \$18 for 9 holes and \$31 for 18 holes.** The deadline to sign up is for each week is that Monday before 1 p.m. Contact Bob Kinsey to schedule a tee time: 301-351-1195. Please be aware that the golf course will still charge the tee time fee for no-shows and cancellations.

QUEEN ESTHER PERFORMANCE WAS OUSTANDING

The COVID-19 outbreak has severely hindered the Homewood Travel Committee's ability to provide the day travel that we had formerly enjoyed. Many of the venues we normally visit are either still closed completely or are limiting guests. We are also limited to the number of riders allowed on our buses—you may have noted this on our scheduled scenic rides. BUT...early in April we were able to schedule a trip to the Sight and Sound Theater in Lancaster, Pennsylvania to see a performance of "Queen Esther"!

Marcy Pekar, one of our residents who attended, reported that the beautiful costumes, live animals on stage, and the stage settings themselves—as well as the beautiful voices of the cast—created an engrossing experience. The theater is COVID-safe, and a concession area and rest rooms are available. Marcy said the group felt that this production was certainly up to the level of a Broadway musical, if not better.



Activities Director Julie Norris has additional tickets for Sight and Sound and is scheduling trips in May and June. Watch for these on the monthly trip schedules.

--Howard Smith

NEW PROCEDURES IN EFFECT FOR WEIGHT ROOMS

Effective immediately there have been some important changes in procedures for use of the weight rooms at both Crumland Farms and The Lodge.

- 1) You will no longer be required to sign up on the APP for weight room time.
- 2) The new limit for both weight rooms has increased to 8 people.
- 3) You must still sign in and do a temperature check before entering the weight room.
- 4) If there are already 8 people in the room, you cannot enter until someone leaves.

Masks and cleaning are still mandatory. **You are still required to sign up on the APP for all other classes and activities.**

If you have any questions, call the Fitness Department, CF Ext. 5640 or The Lodge Ext. 4256.

--Gretchen Smith, Fitness Director



MAY 31, 2021

THE CHATTER NEWSLETTER STAFF

Editor: Barbara Kirk (Phone: 301-682-2204, Email: bjkirk107@aol.com, Mail: CF Apt. 443)

Correspondents: Leslie Hobbs, Vernon Rippeon, Shirley Erdmanis

Proofreaders: Bill Butler, Fanny Johnsson

WRRRA Representative: Cindy Abbott

Photographers on Call: Shirley Erdmanis, Barbara Kirk

Advisor/Production Manager: Julie Norris

DEADLINE to submit copy: 15th of the month for the following month's issue. Copy can be emailed to the Editor, given to the receptionists to be sent through in-house mail to CF #443 or placed in the box in the CF coatroom near the reception desk.

Newsletter Committee Meeting: the second Friday of each month at 9:30 a.m.
in the 3rd floor library at Crumland Farms.