



The CHATTER

A Publication for the Independent Living Residents of Homewood at Frederick

VOL. 25 NO. 5

Celebrating Our 25th Year

MAY 2024



Photo by Nancy Hamstead

INSIDE THIS ISSUE ...

Noteables Spring Concert Information ... Additional WRRRA Scholarships Awarded ... Updated Pet Yearbook Coming ... Bocce and Pickleball in Full Swing ... Hearing Loss Support Group Begins ... And More ...

THE MAINSTREAM ...

Notes from Executive Director Karen Main



It is delightful to feel the warmth in the breeze along with listening to the birds sing outside my window. This spring, our campus is full of activity with the expansion of our Chapel and new rooftops being installed on the East Cottages of Crumland Farms. Hopefully all the activity will not drown out the birds' beautiful songs.

During this time of construction please take notice of the many and various signs posted to ensure your safety inside and outside of the Crumland Farms building. Parking, hallways and entrances/exits will be limited access or completely inaccessible. We have made color coded site plan maps to show these areas which are available at either reception desk. The Wagman construction team will be using our sunroom for their field office during the project.

We do apologize for the inconveniences this project may bring you over the next six to nine months, but the finished product will give us a beautiful space to gather for many wonderful occasions. Thank you for all your patience and cooperation during this time!

The resident computer lab has a new (temporary) home in the Conference Room near the Country Store.

Crumland Farms Apartments will be getting new smoke detectors installed soon. Environmental Services Director Rick Burdette is working with Johnson Controls to schedule this project. Residents will be informed of the installation schedule once confirmed. Cottages will have new smoke detectors installed later in the year.

A heartfelt "thanks" goes out to all our volunteers, whom we celebrated last month with a wonderful luncheon at Crumland Farms. The generosity of each of these people brings joy and life to our campus everyday!

May this time of year find you celebrating a new season of graduates, wonderful women at Mother's Day or taking time to enjoy the outside or a relaxing time on your porch.

The next Campus Connection is on **Thursday, May 2 at 9:30 a.m. at The Lodge.**

Happy Mother's Day!

Karen

To clear up any confusion about the new work order form on the Homewood APP for maintenance, housekeeping and landscaping items, **those residents who do not use a computer can still submit the paper version of the work request form.** These forms are available at the front desk at both Crumland Farms and The Lodge and can be turned in to the Receptionist.

CHAPLAIN'S CORNER

“Leave the leaves!” This is the advice that gardeners have been receiving lately because last fall’s leaves are places where pollinators and their eggs have overwintered. If we remove those leaves, bag them up, and throw them away, we destroy the eggs as well.

The cocoons and chrysalises of luna moths and swallowtail butterflies are also well-camouflaged in dead leaves. Other critters that hide in the leaves include great spangled fritillary and woolly bear caterpillars. Leafcutter and mason bees, among the 30 percent of native bees that nest in tunnels, require miniscule hollow spaces in old wood or stems or brush piles. All these little invertebrates find shelter among dead matter as they await the coming of spring.



While it’s tempting to clean up the ugly dead stuff, conservationists are now saying that they can’t overstate the importance of keeping it around at least until May. So, this fall my husband raked our old leaves into our flower beds where the insects will be protected. I am waiting expectantly to see what will happen!

Sometimes life is full of ugly dead stuff, mistakes we have made or situations we don’t like. We tend to want to move on from this dead matter as quickly as possible, to bag it up and throw it away. But if we do so, we risk losing the opportunity to learn. If we allow eggs of reflection to overwinter safely as we ponder these situations, they will hatch, resulting in new life and growth. Taking time to consider how we can change for the better will give us beautiful new butterflies, moths, and pollinators of hope.

We wish new life and hope for everyone this spring!

--Chaplain Shelley Weakly



Donna Coulson (L) and **Shirley Erdmanis** look over the books in the Crumland Farms café containing old issues of *The CHATTER*. Shirley was one of our earlier editors. Our first issue was published in September 2000, which means we are in our 25th year of publishing!

To commemorate this milestone, we will be recapping the history of our newsletter in a future issue during this anniversary year. The newsletter’s changes over the years are a true reflection of how Homewood at Frederick has evolved into the vibrant, thriving retirement community we enjoy today.

(Photo by **Nancy Hamstead**)

A MESSAGE FROM THE WRRRA PRESIDENT

Wanted: Resident Support to Help Lead the WRRRA!

The Willow Road Residents Association, Inc. (WRRRA) is the resident association for all Independent Living residents at the Frederick Campus. **Its purpose is to promote the charitable, social, cultural, safety and Community interests of the members. This is principally done by advising, conferring, and collaboratively working with Homewood management on policies, practices, procedures, and systems that affect residents. These activities are primarily done by the members of the Board of Directors and the various WRRRA Standing Committees.**



So why am I saying what many of you already know? Because great results from the above activities are only possible if we have talented and energetic residents on the Board and our Committees. And to do this, we need your help! Recent elections have included very few nominations for our elected positions. I have personally tried to recruit many candidates with great skills, lots of energy and positive attitudes who have declined nominations for a variety of reasons. Many of these talented people failed to see the benefits that their involvement would bring to our campus and its residents.

Having previously served as a Vice President for Patio Homes, President-Elect, and now the President, I can personally attest to the fact that your involvement **will** “make a difference” in the lives of your fellow residents! And seeing the positive results being produced will be very gratifying to each person who is involved.

To help you understand more about our upcoming elections, and the roles played by our Board of Directors and Standing Committees, we are planning an Election Orientation Meeting in September. There you will get a much better understanding of the roles of each elected position, understand how the team works together to improve resident satisfaction, and learn how your participation will be helpful to others and personally gratifying to you.

Look for more information about this meeting over the next few months and plan to attend in September. The other Board members and I hope that our November elections will have an impressive list of candidates concerned about making our campus better for everyone—and that your name will be one of them!

--**Bruce Robertson**, President
Willow Road Residents Association



MONDAY, MAY 27

“The legacy of brave men and women who have fought and died for their country is the freedom we enjoy as Americans.”

— Lucian Adams

NOTEABLES CHORUS PRESENTS SPRING CONCERT

We are fortunate to have a lot of excellent musical groups that come to entertain us here at Homewood. But please don't forget our very own Noteables Chorus, which is now in its 10th year, as the first spring concert was given in May of 2015. Founder and director **Gail Slezak** reveals that it is hard to believe that so much time has gone by since then. She reports that out of the 43 present members, there are still 13 from the original chorus singing today! Many, of course, have passed on through the years.

These present dedicated singers have been working since the beginning of February for what will be the 10th Annual Spring Concert. The program will be comprised of the three usual genres: American Folk Music, American Patriotic Music and Nostalgic Popular Music. As a special feature this year in the Nostalgic Pop section, the Noteables will perform a medley of 11 Beatles tunes. America is celebrating the 60th anniversary of the Beatles first appearance in the United States in 1964. Nancy Beith, the very accomplished accompanist, will once again be at the piano. There will be another accompanist, Lois Kuhn, assisting on keyboard in some of the music selections.

The change this year is there will be no concert performed at Crumland Farms because of the renovation taking place in the Multi-Purpose Room. The concert will be given twice at The Lodge Event Center, with shuttle service provided for those living at Crumland Farms. So please mark your calendars for **Friday, June 14 at 7 p.m.** and **Saturday, June 15 at 3 p.m.** when the Noteables Chorus will be presenting their **2024 Spring Concert in The Lodge Event Center.**



There were 25 prize eggs hidden around campus for our Annual Easter Egg Hunt this year ... and the Fitness Staff did such a good job hiding them that there's one still out there somewhere waiting to be found! So, if you missed your chance for a prize, keep an eye out for it while you're walking around campus!

Winning eggs contained such prizes as plants, pillows, water bottles, wreaths, lanterns, velvet bunnies Easter paper products and holders, plug-ins and more. The following residents located the other 24 special eggs: **Sandy Robertson, Colleen Newlin, Pat Culwell, Ed Chaney, Wilma Conti, Diana Schrodell, Dave Schrodell, Kay Morrow, Helen Zupnik, Bob Zupnik, Sue Taylor and Donna Coulson.**



CO-WORKER RECEIVES SECOND SCHOLARSHIP FROM WRRRA

Claire Gandionko, a part-time worker on the Crumland Farms Food Services staff, has just received her second scholarship from the Willow Road Residents Association (WRRRA) Appreciation Fund Committee. Claire is a music major with psychology minor at Towson University where she is finishing her second year of studies. She is interested in pursuing a career in music therapy with teaching on the side.

We asked Claire for an update on her activities since she received her first scholarship last year. Following is her reply:

“Last semester I made the Dean's List, and competed in and won a Concerto Competition held at my school so I will be performing as a soloist with the orchestra this coming fall semester. I won a Talent Award for my performance last semester and will be performing in a winner's recital and receiving a small scholarship for that next month, and I am now principal flautist for the Towson Wind Ensemble!

“Outside of school, every weekend I've been rehearsing and performing with an indoor marching drumline program called Old Line Performing Arts, going to places like Richmond, Virginia, Chambersburg, Pennsylvania, and soon, Dayton, Ohio.

“Other than music, I haven't had much time for my normal hobbies as of late but when I do have days off, I usually am here (at Homewood) working, or eating and relaxing with my family, my boyfriend or friends from school.”



MARK YOUR CALENDAR NOW!!!

BASKET BINGO

Wednesday, October 16
at The Lodge Event Center

Doors open at 6 p.m.

◆ 20 Filled Theme Baskets

◆ Door Prizes

◆ 50/50 Raffle

The Basket Bingo Committee needs **empty baskets** to fill for this year's event. If you have any you'd like to donate, contact **Jacque Janss** at 301-620-7276 (janssjac@comcast.net) or **Jean Thompson** at 240-877-7947 (JPTJPT@verizon.net).

MEET YOUR NEW NEIGHBORS



ALICE and JERRY FOLTZ who moved into the new wing of The Lodge in December 2023 from their home in Centreville, Virginia, are pleased to be closer to family members. Alice and Jerry met when they were students at Catawba College in Salisbury, North Carolina where she prepared for a career as a teacher, and he was ready to follow a call to the ministry.

Alice, who was born in Charlotte, North Carolina, also earned an M.A. at the University of Virginia. She taught English and history to high school students for 30 years and then taught at Northern Virginia Community College and Rowan University. She was also an ESOL (English for Speakers of Other Languages) instructor and, along with Jerry, helped found the Centreville Immigration Forum which serves and empowers immigrants. Alice plays the piano and organ, and enjoys reading, writing and hiking.

Jerry was raised in Hagerstown, Maryland and prepared for parish ministry at Eden Theological Seminary. He later earned a D. Min. degree at Eastern Baptist Seminary in Philadelphia. He was a parish pastor in five congregations of the United Church of Christ (UCC) in Maryland, New Jersey and Virginia. He also served as a regional minister, guiding the work of 41 churches. While in Virginia, Jerry was a volunteer chaplain with the fire company and was the UCC conference coordinator for disaster ministries. He enjoys swimming, gardening, games and travel.

Alice and Jerry have four children, nine grandchildren and a new great-grandchild. They share their apartment with Wendy and Willy, the two cats that accompanied them to Homewood.



IONE TABOR moved to The Lodge in December 2023 from her home in Fredericksburg, Virginia and is glad to be near her two sons, grandchildren and great-grandchildren. A native of South Carolina, Ione attended the University of South Carolina where she earned a degree in business education. She taught for several years and later had a long career as an accountant and office manager with a firm in Prince George's County, Maryland.

Ione is interested in ancestry as well as dogs. She especially likes poodles, and her third one, Chloe, shares her new apartment. Ione hopes to find some folks here at Homewood who enjoy playing scrabble and she looks forward to joining a book club on campus.

--Leslie Hobbs

MEET YOUR NEW NEIGHBORS



ANNE CARNEY moved from Gaithersburg to The Lodge in December 2023. A native of Asheville, North Carolina, Anne is a graduate of the University of North Carolina at Chapel Hill where she prepared for a career as an elementary school teacher. She later earned an M.A. from the University of Virginia at Charlottesville.

In addition to teaching lively students in various grades and raising her two sons, Anne found time to be active in her church and Kappa Delta Sorority. She was a hospice volunteer for ten years when living in Gaithersburg, and also served meals at a shelter for the homeless. Anne and her late husband lived in places as diverse as Rolla, Missouri, Munich, Germany, and New Orleans, Louisiana where she always looked forward to Mardi Gras. She has traveled to every continent except Antarctica!

Now, Anne likes to play social bridge, exercise in the pool and looks forward to joining one of the book clubs here on campus.



M'ANNETTE RUDELL joined the Homewood community in December 2023 as a new resident of The Lodge. Moving here from Philadelphia, M'Annette is glad to be near her sister Franna who lives in a patio home. She attended high school in Spearfish, South Dakota, and then went to Kalamazoo College in Michigan where she had the opportunity to spend her junior year at Tamil Nadu in South India.

With a degree in English, she worked for the American Friends Service Committee (Quakers) in fundraising and as editor of a donor magazine. M'Annette loves to sing, having been in the Singing City Choir of Philadelphia for 50 years and she also enjoys needlecrafts. Now she stays busy singing with Homewood's chapel choir and Noteables, knitting with the KnitWits, quilting and reading. Her name, M'Annette, is from combining her first and middle names, Marie and Annette.

--Leslie Hobbs

A REMINDER FROM THE SAFETY AND SECURITY COMMITTEE:

Are YOU wearing your PalCare button??? Want to "spiffy it up" a bit to make it a more attractive accessory? One of our residents shared that he and his wife replaced the cords on theirs with chains and now wear their PalCare buttons tucked inside their tops so that they look like pieces of jewelry. This could be the new fashion trend on campus, you think?

MEET YOUR NEW NEIGHBORS



New resident **SANDRA TROUT** is the one to ask if you want to know where the Frederick Mayor's office used to be or what building was previously located where the hospital parking lot is now. She is truly a living Frederick historian! She came to the apartments at Crumland Farms in February 2024 sort of through the back door. After breaking her hip and being in Key Court for rehabilitation, she moved to Assisted Living for a while and then into her Independent Living apartment.

Sandra was born in Baltimore but spent the rest of her life in Frederick. Her father was heavily involved in politics, being the Mayor of Frederick twice and a state senator. She would walk home from school to the mayor's office, which is now Brewer's Alley, and do her homework there. Sandra attended North Market Street Elementary School and Elm Street Jr. High School, neither of which are in Frederick any longer, then graduated from Frederick High School. After obtaining a B.A. in English from Bridgewater College in Virginia, she received an M.A. in Elementary Education from Shippensburg University. Sandra taught second grade at North Frederick Elementary School for 8 years and then became World Book Encyclopedia's District Sales Manager for over 18 years.

Her twin daughters live in North and South Carolina. She has five grandchildren who keep her busy with their activities. While her girls were in school, she volunteered for many of their activities. She has been active in Kappa Kappa Iota teaching sorority for 54 years, serving on various committees and as its president. As a lifelong member of Evangelical Reformed United Church of Christ in Frederick, she has served on many committees including 20 years on the Scholarship Committee, 10 of those as the chairman.

Since several members of Sandra's family have been in Homewood facilities, including the hotel on Patrick Street downtown, she knows many of the staff here and feels very comfortable. You need to meet this lady and hear more of her stories of growing up in Frederick!

--Jacque Janss

YOUR OPINION COUNTS!

During the second half of this year, the Willow Road Residents Association (WRRRA) will be sending all Independent Living residents a survey. This survey will ask about certain campus communications. Our expectation is that from your feedback we will be able to suggest ways to work with Homewood management to improve the effectiveness of our communications. Watch for more information to follow.

KNIT WITS ADD HONORARY MEMBER



While Homewood Maintenance Technician Chuck Crone was out on lengthy medical leave following back surgery, he started using his daughter's knitting loom to make hats. He began donating them, with his daughter's help, to workers here at Homewood as well as contacts off campus.

When our Knit Wits ladies found out about his "hidden talent," we decided he deserved a signed certificate of "honorary membership" into our group! The one qualification was that upon his return to work, he had to bring this certificate and a sample of his work to our next meeting so we could officially welcome him in and take a group photo for *The CHATTER*.

My husband (**Bruce Robertson**) offered to draw up the certificate, I tweaked it, and **Skip Stewart** gave it the professional finish, including a leathery cover. I brought it to our next meeting and had everyone sign it.

As luck would have it, as I was leaving the Crumland Farms Community Center with the signed certificate, Chuck was standing just outside the door. I presented him with the certificate right then and there, and explained what he had to do upon his return to work. He chuckled as he read it and agreed to our terms.

True to his word, when he returned from leave, he brought the certificate and a couple of hats to our meeting. We admired his work and visited for a short time as he brought us up to speed on his surgery and recovery.

I flagged down a passerby outside of our meeting room and had him take a picture of us all for *The CHATTER*. We made sure Chuck was front and center, right where he deserved to be.

--Sandy Robertson



Left to right: Kathy White, Kathy Dollar, Phil Streissguth, Regie Barbour, Ruth Edder, Chuck Crone, Sandy Robertson, Roberta Sprague, Nancy Marron, Barbara Sanbower.

(courtesy photo)

ARE YOU READY FOR THE HOMEWOOD COLLECTION ROUND 2?



The Homewood Collection of Fine Art Photography is entering its second year. It has two parts: a competition and a one-year exhibition. The project was undertaken by team members **Will Chapman, Skip Stewart** and **Bruce Wilson**, and sponsored by the Homewood Foundation for the purpose of creating an annually renewed artful ambience in the main hallway leading to The Woodlands Assisted Living apartments and the Healthcare Center. This hallway is busy every day with residents, staff and visitors.

This year, in order to find the best photographs available, the Project Team sent its call for entries nationwide. Eighty-two photographers from 14 states entered 293 images—**almost double the response from last year’s competition!** The 2024 competition judge, noted Frederick photographer Marshall Dupuie, has completed his selection of the winning images, which are now on their way to the printer to become large prints on wrapped canvas.

Two Events to Introduce the New Pieces

Just as in 2023, a Gala on Friday night, June 21, will introduce the 24 winning images of the 2024 Homewood Collection. Residents will be able to choose between two different introductory events in The Lodge Event Center: **The Gala**, a cocktail-dress/semi-formal event on **June 21**, or a casual **Coffee Open House** on **Saturday, June 22**. Details and sign-up for your choice of events will be available on the Homewood APP, with limited capacity for the Gala. On both days, the photographs in the 2024 Homewood Collection will be available for purchase or to sponsor for the one-year exhibition that follows. Photographs can also be purchased as a gift to Homewood.

Last Chance to View the 2023 Collection

There is still time to view the 2023 Homewood Collection in The Woodlands at Crumland Farms. That main corridor was transformed last year by the installation of the 24 winning images of the 2023 Competition. If you haven’t been to The Woodlands to see them, it’s worth a walk down that hallway to appreciate how fine art can enhance that experience.

Following the upcoming Gala and the Coffee Open House in June, the 24 images of the 2024 Homewood Collection will replace the 2023 collection in The Woodlands hallway gallery. Those who purchased 2023 photographs will be able to pick them up at the end of June. A few were purchased as gifts to Homewood, and they will be hung in new locations. Several remaining photographs from last year’s collection will be offered to the highest bidders in a silent auction at the June Gala.

--Bruce Wilson

HEARING LOSS SUPPORT GROUP FORMING



We are starting a support group for Homewood residents with hearing loss. We noticed that Homewood has a support group for residents with vision loss, which is great, but why not one for hearing loss too?

We will allow time for confidential sharing of our feelings and frustrations, of course, but we will focus on sharing practical advice.

The group will meet at 2:30 p.m. on the third Sunday of each month in The Lodge Event Center, which has a loop system. If you want to use the loop system but lack a hearing aid with a t-coil, a limited number of devices will be available to borrow for use during the meetings. We also plan to project live captioning onto the screen.

We plan to explore a different topic each month such as hearing aids, t-coils and loop systems, captioned phones, speech-to-text apps, alerting devices, vibrating alarm clocks, open captioned movies and more.

At our initial meeting we will hand out a resource information sheet with a list of hearing-loss associations, relevant government agencies, and assistive technology companies and their websites. To request to be included in our email list and receive the handout in pdf format, email Ed Knight at knighted2@gmail.com.

At future meetings we will invite audiologists, assistive technology experts and other experts to speak. If you like your audiologist, we encourage you to invite them to present to our group and to contact the co-facilitators for scheduling.

We would like to come up with a name for our group, something positive, like the low-vision group did with naming themselves The Visionaires. We are open to suggestions.

--Ed Knight and Susan Michele Hackett, Co-Facilitators

IT COULD BE YOU WE'RE LOOKING FOR!

The Wreaths Across America Committee is searching for a new leader. This group started in 2017, and we raise money for special projects in our Healthcare Center.



This leadership position is a short-term commitment. The campaign begins in September and ends in December. Donations are collected and veterans' honor wreaths are purchased and placed on the 4,000+ graves in Mt. Olivet Cemetery. A portion of our donation is returned to the group to spend as we see fit.

I have been working with this group for eight years and it is time to pass the baton. Will YOU accept the challenge? Contact me at 240-651-1680 or chosenspot@comcast.net for more information.

--Pat Curchin

ALOHA PRESENTS ...

Dr. Ray Ediger, Country Veterinarian Extraordinaire



Dr. Ray Ediger came to Frederick in 1964 as the Director of the Fort Detrick Biological Laboratories Animal production facility. In 1976, he created the NIH Animal Facilities Diagnostic Lab in Bethesda. Those are but two of a long list of accomplishments for Dr. Ediger, including being the Maryland State Veterinarian,

Over his career, he has also spent untold volunteer hours supporting youth activities and particularly 4-H and Future Farmers of America (FFA). He is always at the Great Frederick Fair judging and doing public speaking.

Please join ALOHA (Active Ladies of Homewood Association) on **Friday, May 24**, as Dr. Ediger shares uplifting stories from his years of farming, veterinary work

and interacting with characters – both human and animal – as told in his book, Living, Loving, and Laughing with Animals...The Adventures of a Country Veterinarian. Dr. Ediger's book will be available for sale for \$25.00, with cash or check payment accepted.

ALL HOMEWOOD WOMEN are invited to a social gathering in The **Lodge Event Center** at **1:30 p.m.** prior to the program. Please sign up on the APP so that we will have enough desserts and beverages for everyone.

ALL HOMEWOOD RESIDENTS are invited to the program in The Lodge Event Center at **2:00 p.m.** Shuttle service will be available.

Questions? Contact Jenny Shull 240-421-6087 or shulljenny @gmail.com.

A REMINDER TO SAFEGUARD YOUR GOOD CREDIT RATING!

Have you checked the information on your credit report recently to be sure it's accurate? A federal law entitles all consumers to ask each of the three major credit bureaus for free copies of their reports once in every 12-month period. Go to www.ftc.gov/credit or call 877-382-4357 for more details.

You don't have to ask all three credit bureaus for your reports at the same time; you can stagger your requests if you prefer. Do not contact the credit bureaus directly for these free annual reports. They are only available by calling 877-322-8228 or going online to www.annualcreditreport.com. You can request your reports by phone or online, or download a form to mail in your request.

(Source: National Consumers League)

ASL CONVERSATION CLUB COMPLETES FIRST CLASS

From March 5 to April 9, local Deaf ASL instructor Gloria Dunham taught 13 Homewood residents a six-week American Sign Language (ASL) 1 class. The group learned fingerspelling; how to introduce themselves; basic math signs; signs related to emotion, health, activities, colors, time, days of the week; and more. They also learned about the role of facial expression and non-manual signals in ASL, and some basic ASL grammar. In class, a “no voice” policy was observed.



There were also practice sessions at 4 p.m. on Fridays which I led. For that, we used a Web site, “Signing Savvy,” as a resource. We are considering additional casual, “chatty” practice sessions at The Pub, to be announced. You don’t have to be enrolled in the ASL class to join a practice session.

Thank you to Gloria Dunham and to Linda Stoltz, **Daniel Frank** and Adrian Kantor of Maryland Deaf Community Center for helping arrange the course. And thank you to the ASL

Conversation Club members for signing up and participating.

The good news is, there will be a second ASL class, a continuation of the first. If you did not take the first class, you can still sign up for the second, if you already know basic conversational ASL. So far, we have eight people signed up, which meets the minimum. The maximum class size is 20.

The six-week-long class will be held every Tuesday, from May 7 through June 11, in The Lodge Classroom from 10 to 11 a.m. The cost is \$40. Payment Methods:

- Cash
- Check (payable to MDCC) mailed to MDCC, P.O. Box 4131, Frederick, MD 21705
- Cash App: \$DEAFMDCC
- Zelle: qb@deafmdcc.org (put “ASL Class” on the note)

For questions about payment, e-mail Adrian Kantor at Adrian.Kantor@deafmdcc.org.

For questions about the ASL Class, e-mail Daniel Frank at Daniel.Frank@deafmdcc.org.

--Ed Knight

ASL Conversation Club Facilitator
Knighted2@gmail.com

YOU CAN NOW RECYCLE YOUR DINING TAKE-OUT BAGS!

A box has been placed in the Crumland Farms coat room to collect and recycle the brown paper bags with handles that Food Services uses for our take-out meals. Please be sure that any bags you put in the box are free from food stains and not torn. We can use both the small and large sizes. They will be reused for various purposes around campus such as craft projects and bagging items for our upcoming yard sale.



RESIDENTS LEARN NEW SKILLS AT PARKS AND RECREATION CLASS

Nine residents, plus our driver Trish Mayhall, participated in the Frederick County Parks and Recreation’s Senior Chef “5 Ingredients or Less” cooking class held at the Ballenger Creek Teaching Kitchen. Not only did we learn new skills, but we also had delicious dishes to enjoy for lunch afterwards.

At left: **Tom and Beverly Willich** in the Teaching Kitchen.
(Photo by *Donna Coulson*)

OUR OUTDOOR GAMES HAVE BEGUN

Bocce and Pickleball Showcases were a big hit, despite damp and chilly weather. We had 13 Bocce players and 8 Pickleball players participate.

Our regular Bocce and Pickleball sessions have started for the season. Please join in and play every Friday (weather permitting). Bocce plays at The Lodge at 10 a.m. and at Crumland Farms at 11 a.m. Pickleball plays at 11 a.m. at the courts at the East Cottages cul-de-sac (near U.S. 15).

The contact person for Bocce is **Don Kyle** 410-490-1597. The contacts for Pickleball are **Bill Campbell** 301-695-8076 and **Kathy Dollar** 301-694-2328.

--Gretchen Smith, Fitness Director

Left photo:
Ed Knight on the Pickleball court
Right photo:
Pete Chesterton, Richard Radune and Bob Kinsey play Bocce at The Lodge
(Photos by the Fitness Staff)



OPEN HEARTS, OPEN MINDS: **Learning from One Another's Faith Values**



**Retired Clergy Group Meeting: May 16, 1-2:30 p.m.,
Lodge Classroom B**

We live in a very diverse religious world. Even within specific denominations and branches of the same faith there are differences. The Retired Clergy Group invites you to learn about and contribute to a dialogue led by some of Homewood's ordained clergy representing a variety of faith traditions.

Those serving on the panel include:

Rev. Dr. Isam Ballenger-Baptist
Rabbi Dr. Leila Gal Berner-Reconstructionist Judaism
Father Dick Murphy-Roman Catholic
Rev. Rebecca Shillingburg-United Church of Christ
Rev. Jim Spiller-Disciples of Christ

Each panel member will address:

- ❖ The faith values which inform their lives and how their values connect with what they value about Homewood.
- ❖ What it means to be a religiously diverse community at Homewood's Frederick campus.

After the panel, those in attendance will have an opportunity to join a small group to dialog more deeply.

All Independent Living residents of various faiths and all perspectives are welcome.

--Suzanne Adele Schmidt

If you know of anyone who may want to join the **Homewood Golf League**, please have them contact **Bob Kinsey** at 301-360-5531 or bobandbeverlykinsey@gmail.com.

Play is at Glade Valley Golf Club in Walkersville on Thursday mornings. Tee times start at 7:30 a.m. Glade Valley's 2024 rates have changed: Senior 9 holes \$33; Senior 18 holes \$42. With the purchase of a Valley Card for \$75, you will get \$8 off the morning rate and after 2 p.m. a \$5 discount.

LOST LIBRARY BOOKS

If you see any of the following, please return to the 3rd floor Library at Crumland Farms:

Duty and Honor by Grant Blackwood
Ireland by Frank Delaney
The Women by Kristin Hannah
Small Great Things by Jodi Picoult
In Spite of Everything by Susan Thomas

The President's Daughter by Bill Clinton
Homeland by Barbara Hamby
Starry Night by Debbie Macomber
Brushstroke Legacy by Lauraine Snelling
Easy Day for the Dead by Howard Wagdin

1917 WAS THE YEAR ...

That was the year **Deets Warfield's** father sold his first Chevrolet in Claggettsville, Maryland. **That same car** now sits in the Antique Automobile Club of America Museum, Inc. (ACA Museum) in Hershey, Pennsylvania! Here is the story of how it got there ...



Deets Warfield, Sr. was a farmer's son in Claggettsville, Maryland. However, he had a couple of side jobs, too. One was working on engines and another working on the roads. While on the road job one day, a man stopped the crew and said he was looking for someone to represent Chevrolet in the area and could they suggest some names. They did. Soon the man was back and said everyone he asked told him Deets Warfield, Sr. was his man.

Mr. Warfield said he was interested, but he did not meet all the qualifications. For starters, he was only 20 and you had to be 21. Also, you had to have \$50 for Chevrolet parts and \$50 for the franchise. But soon Mr. Warfield turned 21 so that problem was solved, and he was able to get the money together. One day he was in a store in Claggettsville and a man there said he needed a car. Mr. Warfield ended up selling his first car to that man. It was a 1917 Chevrolet Model 490 which cost \$490! Now, if you wanted a speedometer or an electric starter instead of the crank, they cost extra. That winter Mr. Warfield sold three more cars and he was in business.

In 1931, Mr. Warfield built a new building in Mt. Airy for his Chevrolet dealership. The man who had purchased that first car decided to trade it in for a new one, and Mr. Warfield decided to keep the used car for sentimental reasons. In 1950, he moved the car to a storage building with dirt floors behind the dealership. There it sat until the 1970s when they pulled it out of the mud and took it to Mr. Russell Long's garage in Claggettsville. Mr. Long worked on the car and restored it. Then the car was put on display in the showroom of the Damascus Motors Chevrolet dealership, which was owned at that time by our Deets Warfield, Jr. When the Damascus dealership closed, the car was stored at the Warfields' son David's home in Germantown. When David decided to move to Florida in 2012, he asked his father if he wanted to donate the car to the ACA Museum. Deets did, and the museum was delighted to accept it, arriving with an enclosed trailer to transport it.

Today when you visit the museum, look for the Model 490 in the 1890s–1910s section on the first floor. But there's a chance you might miss it. As with many museums, displays are changed every so often to maintain viewer interest. However, if you happen to be there and see the 490 Chevrolet, you will know the story of how that car came to be in the museum and its ties to Homewood.

--Jacque Janss

2024 PET YEARBOOK PRINTING THIS SUMMER

The third Homewood pet yearbook is now in pre-production. It will feature photos of our canine and feline companions living on campus, complete with their name, breed, age and owner. It is estimated the 2024 Pet Yearbook will include over 100 full color images.



New residents moving into the apartments at The Lodge expansion and other places brought with them 12 canines and seven felines. Sadly, a few other animals were sent off with compassionate good-byes. In the total pet population, four pairs of dogs each share the same name; three are named “Lacey.”

New resident pet owners are requested to email me photos of their pets, **without owners**. Pets are the stars! Send them to journal240@gmail.com. You can look at the Pet section on the Homewood APP to see the format that was published last year. All photos of pets printed in the 2023 Pet Yearbook that are still living on campus will be reprinted, their ages increased one year. However, owners

may email more current photos if they wish. **Please let me know as soon as possible if your listing in the 2023 edition needs to be updated for any reason.**

Two hundred fifty copies will be printed with full color photos. Complimentary copies of the booklets will be available at the front desk at The Lodge and at Crumland Farms.

--Dick Rohe

SIX SIMPLE ACTIONS TO IMPROVE DRIVING:

How Many of These Are You Doing?

- 1.** Maintain strength and endurance. Routine should include strengthening & stretching, endurance, balance development.
- 2.** Know your medications and how they affect your driving.
- 3.** Staying sharp and alert. Practice exercising your senses, using numbers, and developing strategies through games and involvement in civic groups or community projects.
- 4.** Have your eyes checked annually.
- 5.** Get adequate sleep and rest.
- 6.** Visit your doctor regularly.



(Source: National Highway Traffic Safety Administration and American Society on Aging)

REUSABLE ASSISTIVE DEVICES CAN BENEFIT OTHERS



**The Gift of Mobility**
Donate or Receive Durable Medical Equipment

DURABLE MEDICAL EQUIPMENT EXAMPLES:
Wheelchairs, Power Chairs, Rollators, Scooters, Walkers, Shower Chairs, Canes, Crutches, Hospital Beds, "Hoyer" Lifts, Tub Transfer Benches, and Much More!

DONATIONS WILL BE:

- Sanitized
- Repaired
- Provided to adults and children with mobility needs

Please contact us:

 aging.maryland.gov

 240-230-8000

 dme.mdoa@maryland.gov

The Maryland Department of Aging is providing durable medical equipment (DME) to Marylanders with any illness, injury, or disability, regardless of age, at no cost. **All equipment is collected via donation and is sanitized, repaired and redistributed to Marylanders in need.**

This service will improve the quality of life for many Maryland residents and provides them with the opportunity to avoid costlier levels of care.

They Accept: Hospital beds, wheelchairs, power wheelchairs, power scooters, mechanical "Hoyer" lifts, lift chairs, sit to stand lifts, walkers, medical reclining "Geri chairs," rollators, shower chairs, tub transfer benches, toilet safety rails, canes, crutches, commodes, lift chairs and overbed tables.

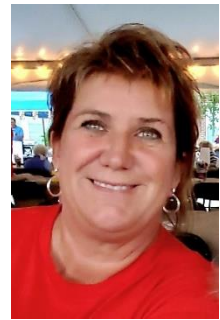
They Do NOT Accept: Any heavily soiled or corroded equipment, stair lifts, respiratory equipment (oxygen machines and tanks, CPAPs, suction machines, etc.), orthopedic braces such as walker boots and back braces, non-medical items such as standard household beds, household furniture or clothing.

All equipment is transported to their Re-Use Center in Cheltenham, Maryland where it is sanitized, inspected, and repaired if necessary, then put into inventory to be distributed later to individuals in need. Visit their Web site shown above for more information.

The nearest drop-off point for Frederick residents is: **Horizon Goodwill Industries – Washington County** located at 200 N. Prospect Street, Hagerstown, Maryland 21740, Phone: 301-733-7330. Hours are Monday, Wednesday and Friday from 9 a.m. to 1 p.m. Please use Prospect Street warehouse entrance. Staff will direct you where to place DME donations.

(Source: Maryland Department of Aging)

WRRA SCHOLARSHIPS HELP CO-WORKER ACHIEVE CERTIFICATIONS



Tammy Click, Homewood's Assistant Food Services Director—Independent Living Dining, has been an integral part of the dietary department for 12 years. As a grateful recipient of two scholarships presented by the Willow Road Residents Association, she completed an AA degree at Frederick Community College's Hospitality, Culinary and Tourism Institute.

Tammy loved the program and took every course offered. She earned three important certifications: baking and pastry, culinary, and hospitality, all of which relate directly to her work as leader of the Independent Living dietary program at Crumland Farms. Residents have enjoyed special dessert treats that she created as well as new menu items.

Tammy, along with Patrick Dellinger, Assistant Food Services Director for Health Care, and Adam Miller, Homewood's Dietician, were participants in a pilot program in Culinary Medicine offered in association with George Washington University. She says that it helped her know how to adapt menus to meet the requirements of residents with varied health conditions or dietary needs.

Here at Homewood we are privileged to have her guiding and mentoring staff, designing menus and organizing special events, preparing food and serving on occasion, and gladly welcoming residents who come to the dining room. Thanks, Tammy!

--Leslie Hobbs



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DEADLINE to submit copy: 15th of the month for the following month's issue. Copy can be emailed to the Editor, given to the receptionists to be sent through in-house mail to CF #443 or placed in the box in the CF coatroom near the reception desk.

Newsletter Committee Meeting: the second Friday of each month at 9:30 a.m.
in the 3rd floor library at Crumland Farms.