



Homewood at Frederick

ILRA PRESIDENT'S MESSAGE

by Shirley Erdmanis

FAST FORWARD TO 2020

It doesn't seem possible that I'm writing this for November and soon Merry Christmas and Happy New Year will be upon us.

The Residents Association Officers, council, committees and sub-committees have been working hard on the following items as we "fast forward" to 2020.

- Continuation of tracking from Residents Surveys, follow up and reporting back to residents.
- Investigating possibility, due to requests of residents, to have more crosswalks, speed bumps and street signs on Willow Rd. Sub-committee reviewing specific requests. Will be discussed with Karen Main and city officials.
- Ad Hoc Employee Scholarship Fund Committee working with Homewood Foundation on establishing a scholarship to benefit our employees.
- Financial Management Committee working on incorporation of ILRA, establishment of a 501 © (3) tax-exempt status. Documentation Forms ready to be submitted to appropriate agencies.
- Hearing Loop System for hearing impaired for the chapel at Crumland Farms and Event Center at The Lodge. Quote has been obtained for Crumland Farms. We will now obtain quotes to include The Lodge.
- Letters to residents and responsible parties mailed out October 21, 2019 for Employee Appreciation Campaign. Remember to return your Appreciation Gift by November 30, 2019.
- Basket Bingo is November 6, 2019. If we're not sold out, buy your ticket and come join us for a fun evening.
- Reminder! Minutes from all standing committees are available for residents on the Resident App, in a books in the Library/Café at Crumland Farms and the Do-Drop-In at The Lodge.

Have a Happy Thanksgiving!

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EXECUTIVE DIRECTOR

The Main Stream...

Colors and cool breezes are filling our campus as we anticipate upcoming events and holidays that fill our calendar and delight our spirits!

Some good news and updates around campus:

Thanks to those who attended Thad's presentation on Homewood's new pricing structure and Entrance Fee model. We are planning for the new structure to go in effect late 2019. Once pricing is approved by Maryland Department of Aging, we will distribute the information. Those residents currently living on campus will not be affected by this new pricing structure.

Homewood will cover costs associated with carpeting/flooring due to Hearing Loop installations.

A security upgrade project began October 1st as new "door readers" are being installed across campus. These "readers" will secure our building by monitoring access of all residents, co-workers, visitors and vendors. We will schedule meetings to discuss operation and function once the system installation is complete.

Golf proceeds are being used for enhancements to our Chapel courtyard at Crumland Farms.

Our pickle ball court is in the process of being converting to a bocce ball, shuffle board and corn hole game area!

Flu vaccines have arrived so please see Cherie Kefauver to be vaccinated! You can always receive the vaccine from your physician or another source. Stay healthy!!

Candidates are being interviewed for the position of Homewood Foundation President. John Warren former VP of the foundation who retired from Homewood is serving as interim foundation president.

The Frederick Symphony filled our campus with beautiful music on October 5th! Many enjoyed the concert along with the delicious appetizers. Thanks to RLEEF for sponsoring the event and a generous donor for sponsoring a brilliant fireworks display to wrap up our 40th Anniversary year!

I wish each of you a Happy Thanksgiving and hope that you are able to share time with those that you hold close to your heart!

Be Grateful, Always!

Karen

TOGETHERNESS

Recently my husband and I were invited to join his supervisor at the Harvest Festival of the Baltimore association of Malayalam-speaking people from India. It was a wonderful evening of dance, song, and food. There my husband's supervisor reflected on the meaning of "togetherness" versus "being together." We can be together, he said, without engaging in togetherness. Togetherness implies connection and living in harmony with one another.

Living together as we do here at Homewood, there are many opportunities for togetherness. Reaching out to a friend or to someone new or lonely, sharing conversation at mealtimes, or joining together in a sing-along are all ways we can enjoy connection and community. As Thanksgiving approaches, let us be thankful for all the ways we can unite to build togetherness with our neighbors, friends, and family. Have a blessed Thanksgiving!

FREDERICK COUNTY VETERANS HISTORY PROJECT

by **Lora McClain Schucker**

Jim Hubbard, who lives at Homewood, now directs the volunteer-run Frederick County Veterans History Project, a partner of the Library of Congress Veterans History Project. Volunteers for this project conduct voluntary interviews of military veterans about their service and video/audio record the veterans' stories. A copy of each voluntary interview (on disk) is provided to the Library of Congress for inclusion in their research data base (available to researchers and historians), a second copy is stored in the Maryland Room at the C. Burr Artz Public Library in Frederick, and one (or more) is returned to the interviewee for distribution within his/her family. The interviews are conducted in surroundings comfortable to the person being interviewed, where there would be little chance of interruptions and the lighting would facilitate good viewing. These are usually in the home of the interviewee, but can be done in other neutral locations.

In addition to the interview, the Library of Congress is interested in actual photos taken of (or by) the interviewee while still on active duty. Also of interest to the Library of Congress is anything else (in the original) still retained by the interviewee such as maps or official paperwork (promotions, awards, transfer records, operations plans, etc.).

Optimally, the interviewer should contact the veteran shortly before the scheduled interview to review the process and to make certain that the required preliminary paperwork has been filled out. It's frequently beneficial to have a knowledgeable relative in attendance to fill in some details, clarify some statement(s), or jog the memory. Interviews take a minimum of thirty minutes and might last for a couple of hours, depending on the amount of activity and the precision of the memory.

No effort is made to determine the validity of the veterans' statements and the interviewers are encouraged to make minimal interruptions.

If you would like to participate in the project, please contact Jim Hubbard at (240) 578-4961 or

JandSHubbard@comcast.net

NEW RESIDENT PROFILES

by Leslie Hobbs and Lora McClain Schucker

Marg and **Bob Sauerhoff** recently moved from St. Augustine, Florida to an apartment at Crumland Farms. They selected Homewood as their retirement community because it is close to family. They have two children, two grand-



children and two great grandchildren.

Bob was born in Delaware and earned an Associate's de-

gree in Maryland. After he retired from a career with the Montgomery County Police Department, he and Marg moved to Florida, where he volunteered for Habitat for Humanity. He and Marg both served the St. Augustine community as volunteers for the Flagler Hospital Auxiliary.

Marg was born in Ohio and worked for the government as a secretary. Her hobbies are knitting and reading.

Barbara Kirk moved from Gainesville, VA, to an apartment at Crumland Farms in September 2019. She selected Homewood as her retirement community because of its location, amenities and not having a large buy-in.



Barbara completed two years of college while working full-time and raising two children as a single mom. She worked for 15 years as a secretary, then spent 35 years in various marketing positions in the finance and medical fields. In addition, for 10 years she had a freelance business providing copywriting and print production services. She has two daughters, one granddaughter and two great-grandchildren (twins).

Barbara has served the community as a member of Lions Clubs; the editor for church, community and Lions Club newsletters; and a Board of Directors member and President of a condominium homeowners association. Her hobbies are reading, creative writing, photography, cats, traditional country and gospel music and needlework.

Judy Stup moved a short distance from her home in Frederick into a patio home in April 2019 to join family and friends who live here. Born in Baltimore, she graduated from Western Maryland



College (now McDaniel) with a degree in elementary education and later earned an MA from Hood. She is actively engaged in the lives of her three grandchildren who live nearby and looks forward to the birth of another grandchild in 2020. She was a reading specialist for Frederick County Schools for many years. Judy enjoys gardening, decorating, reading and going on day trips with the Frederick County Retired Teachers and other groups. Judy loves spending her summers at her family home in Maine and traveling with her family.

PROFILES (CON'T)

Bill Browning and Louise Webb moved to an apartment at Crumland Farms in August 2019. Bill last lived in the Mt. Airy area and Louise in Sebring, Florida. They selected Homewood as their retirement community because Bill's mother lives here and personal references.



Bill is a native of Maryland. He graduated from Frederick High School and Johns Hopkins University. He began his career with the Maryland State Highway Department and went on to spend his working years as an engineer involved in road and bridge construction. His interests include golf, hunting, fishing, some travel and a lot of reading.

Louise was born in North Carolina. She worked as a housewife and sales person of ladies' clothing. Her interests include golf and other sports, as well as travel. She has two children, five grandchildren and two great grandchildren.

NEW FITNESS ASSISTANT

Hi! My name is Courtney Jackson and I am the new fitness assistant!

Recently I graduated from Messiah College with a degree in Exercise Science. I grew up in Montgomery County with my three younger siblings and now live here in Frederick with my husband, Danny.



Danny and I got married on October 13, 2018. We have been married a year! What a year it has been!

I love to go hiking and spend time outside. Swimming was my main sport growing up (I swam for 12 years!), but I love to work out in the gym, run outside or try anything new.

DO YOU WORRY ABOUT FALLING?

by Leslie Hobbs

This month the Wellness Department will provide a "Fall Risk Assessments" to any resident who would like to have one. They will be offered on November 14:

- 11 AM to Noon in the Fitness Center at the Lodge
- 12:30 to 1:30 in the Wellness Center at Crumland Farms

If you cannot attend one of these sessions, you can contact the staff to arrange a different time.

The Fall Risk Assessment consists of two simple activities. If your risk of falling is high, the staff will suggest working with them to improve it.

Many of us watch our steps and hope we do not fall. This is a way to take an extra precaution. Take advantage of the opportunity!

RESIDENTS' UPDATE

RETIRED NURSES LUNCHEON

by **Shirley Erdmanis**

On September 23, 2019 22 of the 42 retired nurses on campus of Homewood at Frederick enjoyed lunch and fellowship at Crumland Farms. We acknowledged new retired nurses on campus. **Jo Zimmerly** was unable to attend, but we welcomed **Sandy Robertson** and **Marylin Rahnis** who were able to join us.

The program provided an overview of what's located in the National Museum of Health and Medicine in Silver Spring, MD. One of the sections in the museum is focused on the brain. They even have a Brain Awareness week every year. Then I had a brain storm. There was a pattern in the brochure that had a pattern for a "brain hat" that had all the anatomical parts identified. Several members of the committee plus one husband graciously put together 29 hats (not an easy task I'm told). We each wore our brain hats for a picture. As we age our brain becomes so important, we need to keep it active to keep it healthy.

It appears to be a wonderful museum to visit with families. Homewood at Frederick had a trip there in August.



Seated left to right: **Phyllis Hackett, Karin Halverson, Pat Arnett, Sandy Robertson, Betty Brungard, Marylin Rahnis, Peggy Haley, Lana Borsellino.**

Standing left to right: **Coralinn Kuehl, Nancy Marron, Evelyn Manwiller, Virginia Weller, Donna Bainbridge, Ginny Citro, Stephanie Hoscheit, Shirley Erdmanis, Libby Fuss, Betty Erwin, Claire Kershner, Gladys Murray, Hazel Roeder, Carolyn Adamiak, Pat Enos**

Missing from Picture: **Jane Dertzbaugh, Georgie Jones, Geri Lichtinger, Jo Zimmerly**

FREDERICK SYMPHONY VISITS HOMEWOOD

by Liz Kannenberg

The Frederick Symphony Orchestra Camerata came to Homewood and performed two truly inspiring concerts at Crumland Farms and The Lodge in the continuing celebration of Homewood at Frederick's 40th Anniversary.

Residents from Meadows, Willows, Assisted Living and Independent Living all enjoyed an hour long private concert that featured two Tangos, a Waltz, two Ragtime selections and Mozart's Symphony No. 29. Concert goers at each concert enjoyed a reception and indulged in yummy appetizers and decadent fall desserts.

After the evening concert at The Lodge, residents were treated to a spectacular, specially tailored fireworks display over the pond.

This event was sponsored by RLEEF, the Resident Life Enrichment Endowment Fund. If you have ideas for future events, please contact Liz Kannenberg at [301-644-5646](tel:301-644-5646) or

lkannenberg@hmwd.org



LINING UP FOR SOME OF THE DELICIOUS FOOD



AUDIENCES LISTEN IN RAPT ATTENTION TO THE ORCHESTRA

FREDERICK SYMPHONY (CON'T)



TREATS FEATURING PUMPKIN



AFTER THE EVENING CONCERT THERE WAS AN EXCELLENT EXTENDED FIREWORKS DISPLAY BY THE POND

The Rooms at Baker Park

by Sal Cosentino

*I sing, trailers for sale or rent, rooms to let, fifty cents
No phone, no pool, no pets, I ain't got no cigarettes*



Here is a trivia question, do you recognize this house? Here are some clues: 1) it is known as a “shot-gun house”, 2) it is located in Mississippi, 3) it is famous as the family home of a popular person, 4) Roger Miller is not the answer.

Shotgun houses are so named because buckshot fired through the front door would go right out the back-door without hitting a wall!

The Friends of Baker Park chose to name sections thereof as “rooms” since the plan of the park resembles the “shot-gun” house floor plan. See “this Green Oasis.”

<http://friendsofbakerpark.org/wp-content/uploads/2013/07/This-Green-Oasis-web.pdf>

The WEB site describes the rentals (but none are fifty-cents). <https://www.cityoffrederick.com/1094/Baker-Park-Rentals>

Rates

Bandshell Restrooms: \$15 City / \$30 Non City

Gazebo: \$20 City / \$40 Non City

Multi Purpose Field: \$3.50 per hour City / \$7.00 per hour Non City

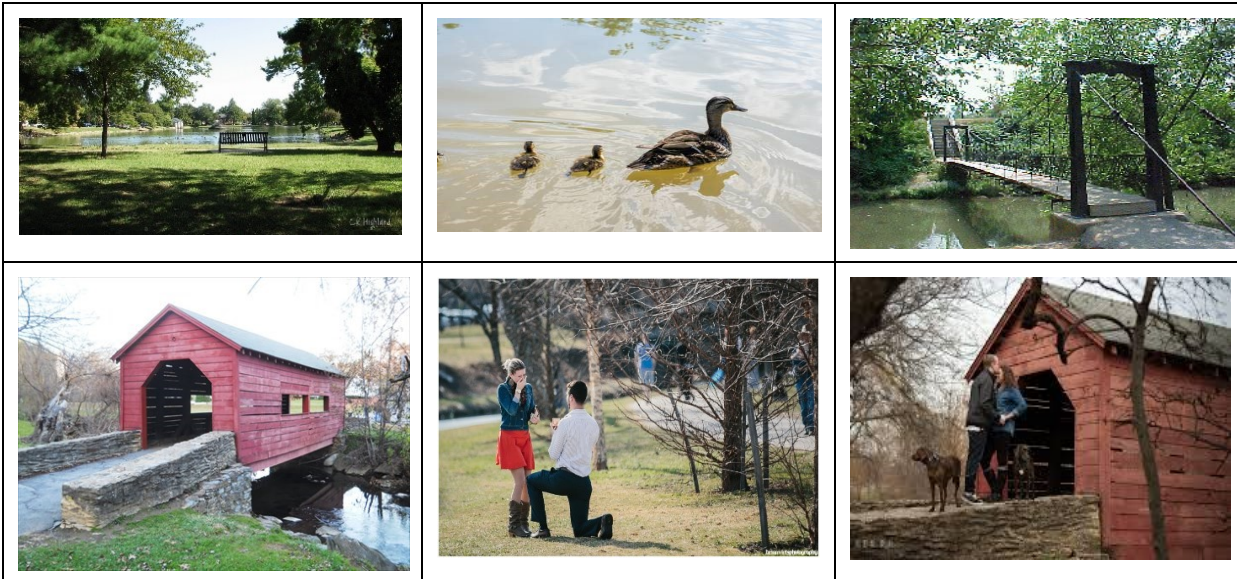
Softball Fields: \$3.50 per hour City / \$7.00 per hour Non City (each)

Tennis Courts: See Current Fee Schedule. Fee per court per timeslot.

From Downtown, (N. Bentz St, W. 2nd Street, and Carroll Parkway), the “hall-way” of the park extends to US 15 and continues to Waterford park, paralleling Carroll Creek.

One of the most enjoyable things to do at Baker Park is to sit on one of the many comfortable park benches and watch the passing crowd: families, dog walkers, bikers etc., as well as the wild life (but please don't feed the ducks).

Remember the park is for people, so expect life's dramas!



Visit the many rooms at Baker Park and enjoy them throughout the year.

PS- Final clue ---Tupelo

NEWS FROM THE TREASURE CORNER

by **Mara Dudrow**

We continue to be faithfully supported by volunteers, residents, employees and visitors. Because of the amazing support we were able to send our second donation in 2019 of \$5,000 to the Homewood Foundation Benevolent Fund. This contribution was made on behalf of the Residents Association.

We opened the Treasure Corner shop in October 2016. The earnings for 2015-2016 in the amount of \$25,000 were given to the Residents Association. The association approved the profits from 2017, 2018 and 2019 to go to the Benevolent Fund. We sent \$20,000 in 2017, \$20,000 in 2018 and \$10,000 in 2019. We were unable to open the shop on weekends in 2019 which did impact our profits.

Due to the quantity, quality and type of donations we consistently receive, we have outgrown our present space in the Catoctin Country Store. Sadly, the decision has been made to close our shop at the end of business on Thursday, November 14th. We hope that as Homewood engages in the strategic planning in 2020 that finding space for the Corner will be part of the plan.

Thank you to everyone for your donations and support and to the dedicated volunteers that keep the little shop up and running. Our mission when we opened in 2015 was and continues to be “Recycling good goods for the good of the community.”

NEW SECURITY MEASURE TO BE IMPLEMENTED

Starting in early November, we will be utilizing a new security system that will require everyone who enters the building to scan their fingerprint. This will include all residents, co-workers as well as visitors, volunteers and vendors. We will be scheduling times for all of you and your guests to have your fingers registered in the system. There will be a system in place to allow entrance for those who have not scanned their fingers. They will be required to sign-in with the receptionist and may be required to show identification. Please learn more at the Campus Connection on November 6th.

GROUPS AND PROGRAMS

HOBOS MEET IN NOVEMBER

by **Jim Spiller**

A WOODPECKER AT HOBOS???

Ed Edder, one of Homewood's Woodpeckers, will be our HOBOS speaker on Thursday, November 21st. Last year Ed spoke about *Intarsia*, a fascinating technique which produces a 3D picture in wood. This time Ed will introduce us to Wood Turning. We will see the Wood Shop's lathe, the heart of wood turning, and several attachments and tools used to shape wood on the lathe. Along the way Ed will explain some of the techniques for their use, and the shapes the tools and techniques produce. If all goes well, we will see a live demonstration in which Ed will attempt to turn a "square" bowl.

Remember to reserve your spot for lunch at 12:00 noon by calling 301-644-5600 or sign up at the Crumland Farms reception desk no later than noon on Wednesday, the 20th. This meeting is in the MP Room/Chapel. Our ladies are cordially invited to join us for the program at 12:45 PM.

LUNCH BUNCH

by **Nancy Boltz**

No Lunch Bunch in November.

ALOHA

by **Sue Chapin**

(Active Ladies of Homewood Association)

On Friday, December 6th our residents will again be treated to a Holiday Program and Sing-along led by Deb and Nick Intveldt. Aloha invites all residents to join us for the program starting at 12:45 to 1:30 PM in the MP Room.

Deb and Nick have been making beautiful music together for many years. Nick is an accomplished pianist, and Deb is a soprano vocalist and choral director. Together they lead a 60-person choir and two 40-person Encore Chorales in Frederick and Gaithersburg. The chorales are a non-auditioned group of men and women 55 and older.

The luncheon for the women begins at noon. Please sign up with the Crumland Receptionists by December 5th. This is a great way to meet your neighbors. Hope to see you there.

VISIONAIRES

by **Avadna Coghill**

The Visionaires November meeting will be on Tuesday, November 5th at 10:30 AM in the AL Garden View Lounge. Adam Miller will be with us to discuss better nutrition for eye health.

Adam is the dietician at Homewood who works with persons with special dietary needs. We are fortunate to have a support person right here at Homewood. Do join us for the talk and discussion on good eating habits.



Katie Groomes at Hunter Jumper Competition

by **The Youngs**

On September 21st nine residents took a trip to the Pennsylvania Farm Show Complex & Expo Center in Harrisburg, PA to support Katie, a fitness assistant at Crumland Farms, who competed in the equestrian ring with her horse Dezi. Katie and her mom, Janis Groomes, owner of Middle Creek Stables Horse Farm, explained how the horse and rider are judged during the competition. They also took us down below the ring to see where the horses are kept and to meet Dezi. Because there were about 600 entries, and Katie's event was last, she competed late. Thanks to our driver Mike, the group was able to stay and see her excellent ride.



Katie began riding at age three. She competes competitively on her two personal horses, Tax Practice and Wesley Horse. Ridden at the Show was Tax Practice, his nickname or barn name is Dezi. Dezi is an off-the-track thoroughbred, meaning he used to be a race horse. After his racing career ended, he became a competitive show horse (with LOTS of new remedial training). He was competing against other off the track thoroughbreds.

At the Show, Dezi won first place in two jumping rounds and was the reserve champion overall!!!

THE LODGE LIBRARY COMMITTEE

by **Mary Wilbur**

The search is on for new fiction for The Lodge Library. Thank you for submitting your suggestions. We are still taking requests! New purchases will be displayed in the Inglenook area (second floor by Fireplace) along with our Maryland collection. Forms are in the Do-Drop-In.

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