




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October	<p>In-room sensory/social visits are done throughout the week for room bound residents.</p> <p>Activities held on the Willows unless otherwise specified.</p> <p>Please see daily announcement for updated information.</p> <p>Calendar subject to change.</p>	<p>1</p> <p>9:30- Morning Greetings 10:00- Exercise 10:30- Music & Memories 11:15- Cleaning w/Scents 2:00- Marion Dogs 2:30- In Room Visits/Memory Lane 3:00- All About Babies 4:00- Black & White TV Show</p> 	<p>2</p> <p>9:30- Morning Greetings 10:00- Chair Exercise 10:30- Music w/ Fred 2:00- Fresh Air Walks w/Pam 2:45- In Room Manicures 4:00- Sitcoms</p>	<p>3</p> <p>9:30- Morning Greetings 10:00- Workout 10:30- Music w/Take 2 2:00- Sensory Stimulation 2:30- Seasonal Poem Readings 3:00- Aroma Therapy 4:00- Videos</p>  <p>Happy Birthday Ruth C.</p>	<p>4</p> <p>9:30- Morning Greetings 10:00- Music Therapy w/Jin 10:30- Music w/ Rear View Mirror 2:00- Reminisce 2:30- Picture Books 3:00- Light Snacks 4:00- Lassie Episode</p>	<p>5</p> <p>9:30- Morning Greetings 10:00- Noodle Ball 10:30- Hydration Cart 10:45- Seasonal Crossword Puzzle 2:00- Chatter 2:30- Frederick Orchestra (MP) 4:00- Afternoon Matinee</p>  <p>Happy Birthday Sylvia C.</p>
<p>6</p> <p>9:30- Morning Greetings 10:00- Let's Get Moving! 10:30- Hydration Cart 10:45- Mind Stretchers 2:30- Worship (VL) 3:00- Bucket Ball 3:30- Sifting 4:00- Afternoon Sitcom</p>	<p>7</p> <p>9:30- Morning Greetings 10:00- Devotions w/ Chaplain 10:30- Sittercize 11:00- Cool Down 2:00- Water Painting 2:45- Hydration Cart 3:00- Silky Hands 4:00- Short Movie Clip</p> 	<p>8</p> <p>9:30- Morning Greetings 10:00- Alpaca Visit 10:30- Music & Memories 11:00- Calming Scenery 2:00- Memory Joggers 2:30- Woodpeckers Men's Group 2:30- Soothing Tunes 3:00- Afternoon Strolls 4:00- Old TV Show</p>	<p>9</p> <p>9:30 - Morning Greetings 10:00 - Balloon Swat 10:30- Music w/ Fred 2:00 - Chatter 2:15- Fresh Air Walks w/Pam 2:45- All About Pumpkins 3:15- Quick Room Visits 4:00- Sitcoms</p> 	<p>10</p> <p>9:30- Morning Greetings 10:00- Workout 10:30- Sensory Stimulation 11:30- IL Luncheon 2:00- Chatter 2:45- 1.1 Visits 3:15- Cleaning w/Scents 4:00- Videos</p>	<p>11</p> <p>9:30- Morning Greetings 10:00- Music Therapy w/ Jin 10:30- Music w/ Jesse 2:00- Scenic Ride: Pumpkin Patch 3:30- (World Egg Day) Peeling Hard Boiled Eggs 4:00- I Love Lucy Episode</p> 	<p>12</p> <p>9:30- Morning Greetings 10:00- Exercise 10:30- Hydration Cart 10:45- Balloon Toss 11:00- Say It With Music 2:00- Bean Bag Toss 2:45- Hydration Cart 3:00- Fall Conversation 3:30- Chores 4:00- Movie</p>
<p>13</p> <p>9:30- Morning Greetings 10:00- Hymn Sing-A-Long 10:45- Hydration Cart 11:00- Exercise 2:00- Chatter 2:30- Worship (VL) 3:30- Chicken Soup For the Soul</p>	<p>14</p> <p>9:30- Morning Greetings 10:00- Sittercize 10:30- Music w/Vintage Entertainment 2:00- Devotions w/Chaplin 2:45- Hydration Cart 3:00- Columbus Day History 3:30- Chores</p>	<p>15</p> <p>9:30- Morning Greetings 10:00- Music Therapy 10:30- Exercise 11:00- Relax & Rejuvenate 2:00- In Room Manicures 3:00- The Multi-Sensory Book 4:00- Black & White TV Shows Sally Lay 1.1 Harp Visit</p>	<p>16</p> <p>9:30- Morning Greetings 10:00- Chair Exercise 10:30- Music w/ Fred 2:30- Birthday Party Music w/ Bernie H. 3:30- Cleaning w/Scents 4:00- Sitcoms</p>  <p>1.1 Mneme Therapy</p>	<p>17</p> <p>9:30- Morning Greetings 10:00- Workout 10:30- Music w/ Bernie T. 2:00- Pumpkin Bowling 2:45- Hot Tea & Ice Cream Bread 3:30- Stringing Cheerios 4:00- Videos</p> 	<p>18</p> <p>Men's Breakfast</p> <p>9:30- Morning Greetings 10:00- Music Therapy w/ Jin 10:30- Balloon Tennis 11:00- Drinks & Soft Melodies 2:00- Friday Social: Music w/Catoctones 3:00- Small Snack</p>	<p>19</p> <p>9:30- Morning Greetings 10:00- Basketball 10:30- Hydration Cart 10:45- Creative Musings 2:00- Songs To Remember 2:45- Sweet Treats & Friendly Smiles 3:30- Volunteer Chores</p>

4:00-Movie Happy Birthday Paul G.	4:00- Short Movie Clip	Happy Birthday Hedda L. & Jean W.			4:00- Dick Van Dyke Episode	4:00- Afternoon Matinee
<p>20</p> <p>9:30- Morning Greetings 10:00- Ball Toss 10:30- Hydration Cart 10:45- Bible Quotes 2:30- Worship (MP) 3:00- Remembering 3:45- Household Chores 4:00- Afternoon Sitcom</p>	<p>21</p> <p>9:30- Morning Greetings 10:00- Devotions w/Chaplin 10:30- Sittercize 11:00- Reminiscent Corner 2:00- Music w/Sam Keaton 3:00- Spooky Would You Rather? 3:30- Chores 4:00- Short Movie Clip</p> 	<p>22</p> <p>9:30- Morning Greetings 10:00- Exercise 10:30- Music & Memories 2:00- Games 2:30- Fall Flower ID 3:00- Famous Movie Stars 4:00- Old TV Shows</p> <p style="text-align: center;">AM VETS</p>	<p>23</p> <p>9:30- Morning Greetings 10:00- Catch The Ball 10:30- Music w/ Fred 2:00- Friendly Visits 2:30- Aroma Therapy 3:00- Hallway Walks w/Pam 4:00- Sitcoms</p> 	<p>24</p> <p>9:30- Morning Greetings 10:00- Balloon Toss 10:30- Music w/Don Bellow 2:00- Reminisce 2:30- Drinks and Snack 3:00- Hand Massage w/Lotion 4:00- Videos</p> <p style="text-align: center;">1.1 Mneme Therapy</p>	<p>25</p> <p>9:30 - Morning Greetings 10:00- Stretch It Out 10:30- Teachable Touchable 11:30- Lunch Outing 2:00- Chatter 2:45- Fun Facts 3:15- Stuffing 4:00- Crocodile Dundee Episode</p>	<p>26</p> <p>9:30-Morning Greetings 10:00- Get Up & Move! 10:30- Trick Or Treating 11:15- Chatter 2:00- Memory Games 2:30- Hydration Cart 3:00- Big Foot 3:30- Sorting 4:00- Afternoon Matinee</p> 
<p>27</p> <p>9:30- Morning Greetings 10:00- Physical Games 10:30- Hydration Cart 10:45- Riddles 2:00- Chatter 2:30- Worship (VL) 3:00- 50's & 60's Trivia 3:30- Sifting 4:00- Afternoon Sitcom</p>	<p>28</p> <p>9:30- Morning Greetings 10:00- Sittercize 10:30- Music w/Morrie & Norma Kelsey 2:00- Quarterly Memorial Service 3:00- Conversation Cards w/ A Drink 3:30- Chores 4:00- Short Movie Clip</p>	<p>29</p> <p>Omelets & Waffles</p> <p>9:00- Morning Greetings 10:00- Exercise 10:30- Music w/Steve Gellman 2:00- Chatter 2:30- Music w/ Chip & Andrea 2:45- Small Group Gathering 4:00- Black & White TV Shows</p> 	<p>30</p> <p>9:30- Morning Greetings 10:00- Pumpkin Toss 10:30- Music w/Fred 2:00- Picture Books Memories 2:30- Bird Watch 3:00- Staff 1.1 Visits 3:30- The Upper Room 4:00- Sitcoms</p>	<p>31</p> <p>9:30- Morning Greetings 10:00- Halloween Songs Exercise 10:30- Music w/Jessica Snyder 2:00- Witch Pitch 2:30- Halloween Fun! 3:30- Coupon Clipping 4:00- Movie: Hocus Pocus</p> 		<p>In-room sensory/social visits are done throughout the week for room bound residents.</p> <p style="text-align: center;">Activities held on the Willows unless otherwise specified. Please see daily announcement for updated information.</p>

Calendar subject to change. Outside Activities subject to change, weather permitting

IL DR – Independent Living Dining Room

MP – Multi-purpose Room

VL-Virts lounge on the Willows

*Activities Department provides additional hydration twice a day or as requested. *Off campus bus outings are offered to residents on a rotating basis.